STARRING: P2 P3 P4

BASED ON TRUE EVENTS | RUN TIME - 1 ACADEMIC YEAR

PHARMA MIA!

2026



A year at pharmacy school you will never forget...

Contents

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A word from the Paul

Hello everyone!

On behalf of the Yearbook committee I would like to say thank you to everyone who made this year feel special - without you, these pages would all be empty.

This was only possible thanks to the dedication of our committee members, who took hours out of their own lives to help make this happen. I'm incredibly grateful for all the time, effort, and hard work they put into making this!

I would like to extend a special thank you to the members in the exec for all their hardwork this year. You guys made being in Pharmacy something to cherish.

And last but not least, I would like to give a special special thanks to Lauren Young for making this Yearbook possible. You were the backbone of this magazine, and nothing would have been done without you here. I really do appreciate the work you have put into this.

Well that's about it. Hope you enjoy. Happy reading!

- Paul Lee

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Louisa Stuart
Anna Dang
Shavonne Ramiah
Raj Hamlai
Katelin Chan
Danbi Bae
Mickey Ye
Pam Conway
Yu-Ran Kang
Olivia Hislop

CWH x NZAPS-O

It was fantastic seeing so many of you at our CWH Careers Evening earlier this year! We hope you all enjoyed the night and learnt more about what we offer.

Our ITP team is currently working closely with all of our prospective pharmacists, giving them the tools, guidance, and support they need as they prepare for their end-of-year Assessment Centre and to take the next steps towards their careers as pharmacists.

Before you know it, that could be you! We'd love to welcome you into the CWH family and support you through your own intern journey. Wherever your pharmacy career takes you, we wish you all the very best for the rest of your studies and we hope to see many of you again soon!



Don't just take our word for it — let's hear from some of our current Otago interns!



"Choosing to do my internship at Chemist Warehouse has been one of the most important and rewarding decisions I've made thus far. The level of support provided by the ITP team on an individual level has been unmatched, and the monthly workshops and online modules have been key in establishing my confidence in my abilities."

- Yuvraj Chaudhary (2026 Intern - Flat Bush)



"The overarching internal training team is great. I can testify that Ken and Angela make excellent training material, you'll feel like you never left uni with the amount of . quality learning and revision material you get, all highly relevant to passing your intern year. Get in touch with CWH if you're interested, I'm sure you'll find someone happy to give you a rundown on how their site works."

- Zeh Yee Yau (2026 Intern - The Base)



Throwback to the winners at our Careers Evening!



"Being a CWH intern has been such a great opportunity! The CWH ITP has provided such a strong support network for me as an intern this year. I'm grateful for such an experience to grow in this field!"

- Fylgia Romero (2026 Intern - South City SC)



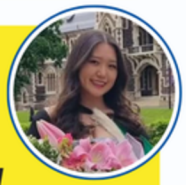
"I've received a lot of support as an intern at CWH. The monthly training days and the ITP have helped keep me on track throughout my internship."

- Yi Rou Lim (2026 Intern - Albany)



"CWH gave me exactly what I needed to grow this year - real experience, a supportive team, and a bunch of laughs along the way with the other interns. Grateful for everything the CWH ITP crew has taught me."

- Sai Chakrahari (2026 Intern - Westfield Newmarket)



"Chemist Warehouse provides amazing resources and detailed tutorials for interns! It has really helped all of us feel very supported throughout the year, and more confident in our pharmacy knowledge!"

- Stacey Lee (2026 Intern - Lambton Quay)

Get in touch

Curious about a future with CWH? Connect with our team below! Scan this code to express your interest, then email Vindiya your CV. We'd love to help you begin your pharmacy career with us.

ANGELA NGUYEN
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KEN YU
ken.yu@chemistwarehouse.co.nz

VINDIYA VASHINI
vindiya.vashini@chemistwarehouse.co.nz



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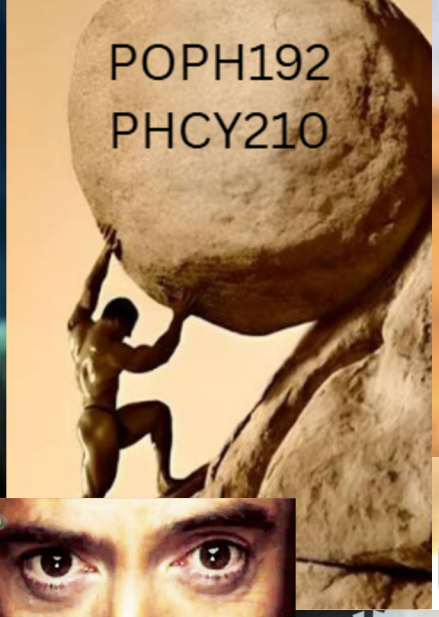
THE BOG
irish bar

TROJAN
TURKISH CAFE & TAKEAWAY
SEOUL

AMIGOS
HOT MEXICAN & COOL MARGARITAS
DESDE 1995

Thank you so much!


Hypertension?
That's not my name


POPH192
PHCY210


Nabeel has decided it's your time


"Feel free to shout out the answer "


"Jarvis, disable the Adam's building elevator "


Questions about the assignment email: Assoc. Prof. Sue Heydon


BARNETT
LQUHOUN
GOWLAND

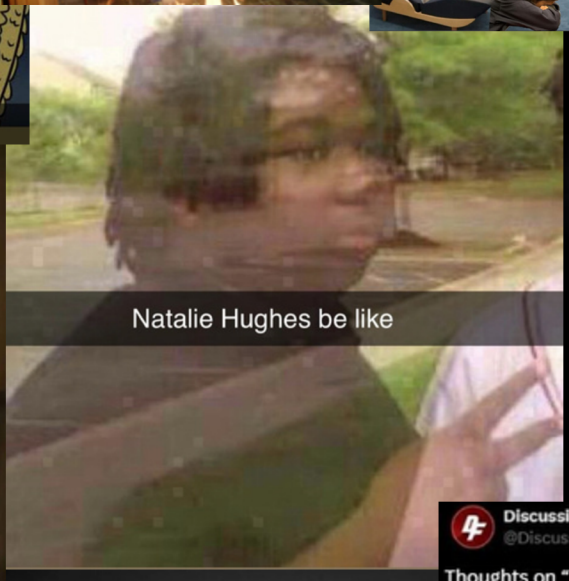

Coming back to uni from placement


Missing the most eventful and exciting weeks of the year


THE NAP ROOM

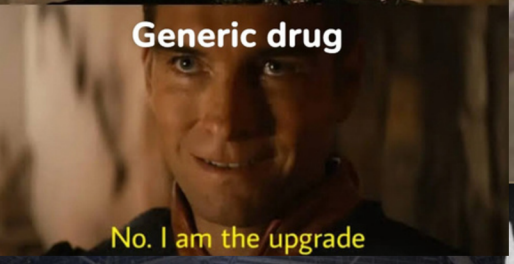

Pharm cancelling the Marae trip but still running the workshop


Patches
Gum
Lozenge
NRT choices

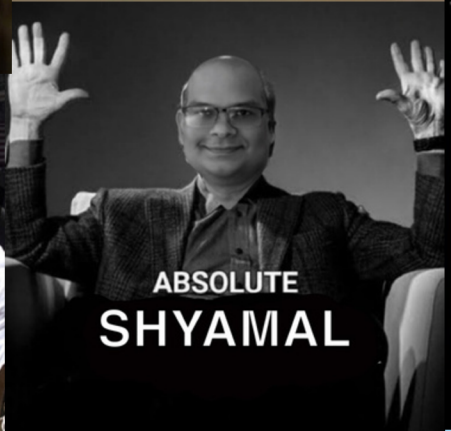

Natalie Hughes be like




Innovator drug
You're just a cheap f**king knock-off


Generic drug
No. I am the upgrade


Ibuprofen
Paracetamol


ABSOLUTE
SHYAMAL


DiscussingFish
@DiscussingFish_
Thoughts on "Pharmacist" (2026)?
12:34 PM · Sep 9, 2026 · 296.7K Views

SCHOOL OF PHARMACY - VPPL

18 Frederick Street, Central Dunedin, Dunedin 9016 - 5th Floor

Ph: 0800 222 222 Fax: 000000000

NZAPSO
30.09.2026
Hunter Centre

Heather, Lisa and Chloe
REG No. 000000

Pharmacy Students
GMS: A4 NHI: 00000

Rx **30th September 2026**

Once again the end of the academic year has crept up on us in a blur of OSCEs resits, assessments and spreadsheets of internal marks glazing our visions. It's been another great year in the VPPL, filled with pride as we watch you grow in confidence and develop skills that will serve you well in the future. The growing student numbers across P3 and even more so in P4 has been exciting and we're pleased to say that we survived the return to teaching four groups instead of the three groups currently in P4. We consider ourselves very blessed to be able to get to know so many of you on a deeper level. We hear about your lives outside of pharmacy, celebrate your wins, commiserate with you on your challenges and get to support you when life hasn't been kind to you. Thank you for opening up to us and sharing your lives with us. We treasure this privelige.

We love to see you all in the VPPL and to hear about what is going on in your lives – cue the celebration lollies. It never ceases to amaze us how so many of you manage to have a whole other life outside of pharmacy – adventuring, travelling, volunteering and competing in a wide variety of sports and challenges.

Our out going P4 students – we wish you all the very best for 2027 in your internships and hope that you are feeling well prepared for the challenge ahead of you. Your career in pharmacy is finally happening and you are more than ready to put those skills into practice. Be confident, but not over confident, be kind to others and to yourselves, put yourselves out of your comfort zones but make sure you have a place that is nurturing to come back to at the end of a stressful day. Most of all grab any opportunity given to you with both hands and run with it. You never know where it might take you: to the other side of the world, ground breaking research, chief pharmacist, manager or owner of a pharmacy, or chain of pharmacies, president of the Pharmaceutical Society or Dean of the Pharmacy School. Wherever your career goes, community, hospital, research or academia, you will be improving lives each day with your care, making a difference and helping people to reach their health goals. Your time here in the safety of the School of Pharmacy is now at an end – you are well fed with knowledge, have tested your wings in your placements and you are ready to leave the nest and make us proud. We look forward to meeting you out in the real world and know that anytime you're visiting Dunedin there will be a very warm welcome in the VPPL if you pop in.

All the best to all cohorts for your upcoming exams.
Put in the hard work and you will reap the rewards.

Chloe, Heather and Lisa xox



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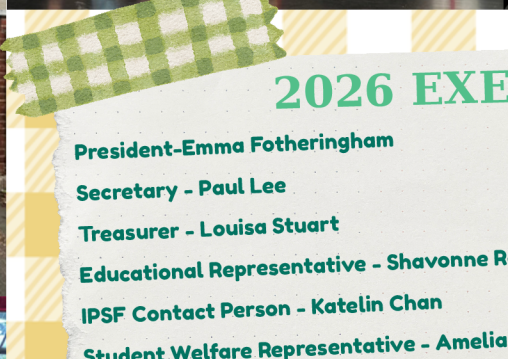













2026 EXEC

President-Emma Fotheringham

Secretary - Paul Lee

Treasurer - Louisa Stuart

Educational Representative - Shavonne Ramiah

IPSF Contact Person - Katelin Chan

Student Welfare Representative - Amelia Harris

Student Exchange Officer - Danbi Bae

Social Representative - Harry Tran

Sports Representative - Raj Hamlai

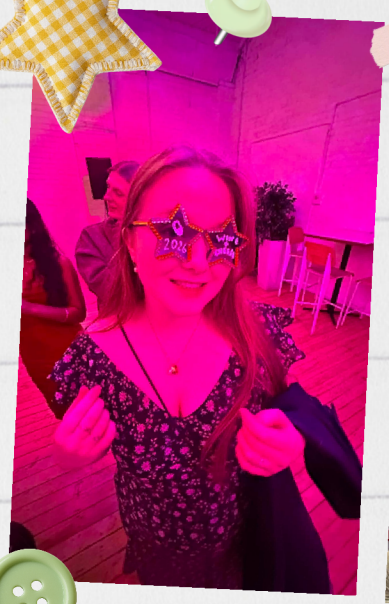
Marketing Representative - Anna Đặng

Admissions Representative - Lauren Young

Revue Representative - Andrea Austin

Emma Fotheringham

President



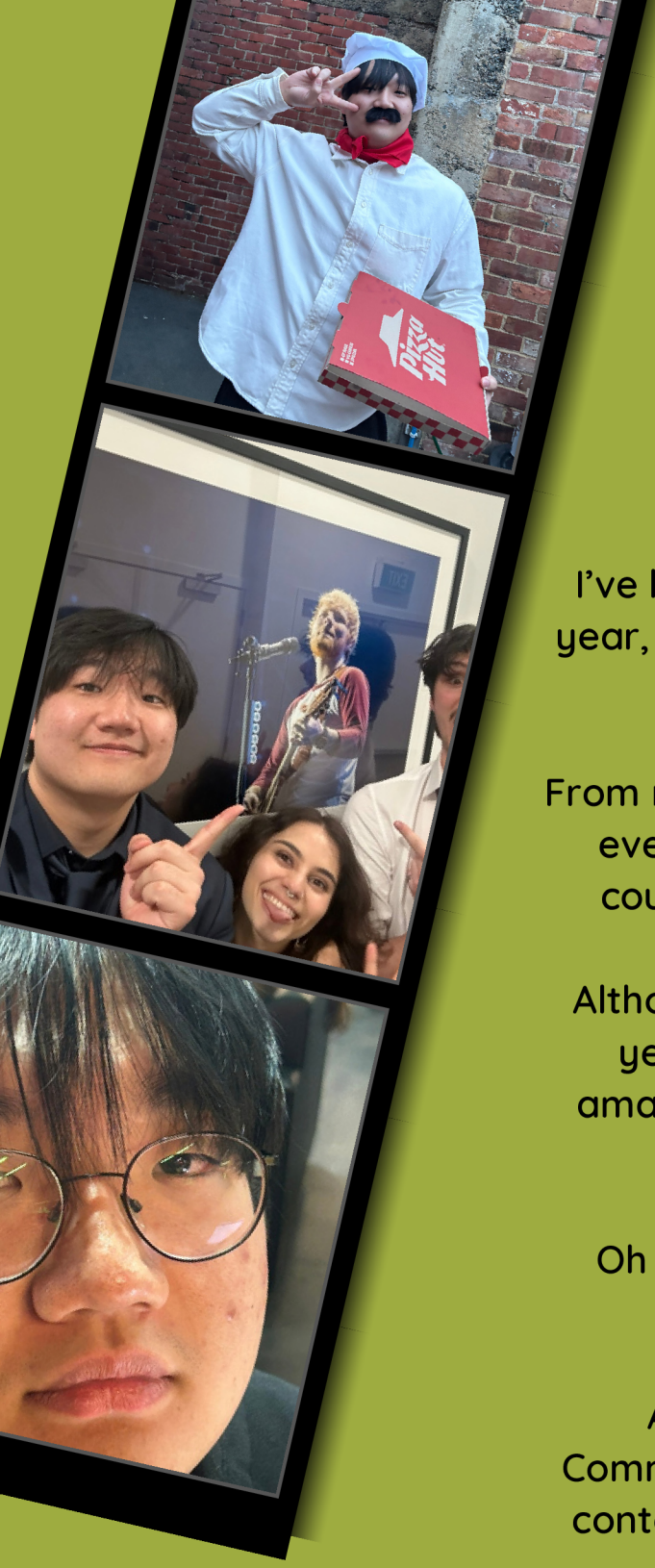




Kia ora koutou! Being part of NZAPS-O this year has been so much fun! Basking in the glory of Naomi's hard work, this year was a busy one for me. I have had the pleasure to work alongside a passionate exec, who have supported me throughout. NZAPS-O has provided me with the opportunity to develop leadership skills and push myself to achieve something that I'm really proud of. For this I am truly grateful! I want to thank each and every one of my exec! Your work this year has meant so much ot me! **Paul**, you are the best minute taker out there, thak you to your calm and collected approach to our meetings! **Louisa**, thank you for keeping a diligent eye on the budgets and making sure information is clear to the exec. **Shavonne**, my right hand woman, thank you for being my proofreader this year. **Anna**, I really appreciate you diligence in securing us new sponsors, you have made such a difference to pharmacy students. **Raj**, thank you for always showing up to the social sports and keeping this important part of the BPharm running. **Andrea**, I am so proud of you! Getting Pharm Revue back up and running has not been an easy task! **Danbi**, thank you for encourgaing so many students to attend WC, NZAPS-O is very proud! **Katelin**, I am astonished at how well you have been able to meet the demands of an IPSF CP, amazing job! **Lauren**, I have loved seeing you grow the Admissions Officer role and the hall visits. You have done an amazing job with the social media and it has really contributed to the positive shifts students feel about studying the BPharm. **Harry**, you have juggled many things this year, that isn't an easy thing to do. And to **Amelia**, I already know that you will do an amazing job! I am inspired by the passion you have shown for not only your role as Welfare Officer, but in your endeavours as part of Pharma Mia! and all the other demands of being a pharmacy student.

Fave Pharmacy Moments

- Meeting and getting to know my mentee Penny <3
- IPE Tairāwhiti Placement
- Maharajas exec BYO ;)



Secretary
Paul Lee

Hey everyone!

I've had the opportunity to be the Secretary this year, and I've really enjoyed every moment of the experience!

From making our social media be the most alive it's ever been to writing minutes for what felt like countless meetings - it's been one busy year.

Although it feels weird not being in the exec next year, I know that the team ahead will do an amazing job. I'm excited to see everything you'll accomplish next!

Oh also my favourite memory this year would definitely be all the riceballs I had.

A special thanks to the Content Creation Committee + Lauren Young for making this year's content so vibrant and helping me out whenever my limited creativeness fell short.



Holy stanky leg

Conquering the Monster







TREASURER

Louisa Stuart





Being Treasurer this year has been such a rewarding experience and a great opportunity to be involved behind the scenes of NZAPS-O.

From keeping the books in check to sending endless confirmation emails, there's certainly been plenty to keep me busy! I've really enjoyed seeing all the ideas, planning, and hard work come together to create the fun events we've had throughout the year. It's been a role that has taught me a lot (particularly about the finer art of formatting spreadsheets!)



And of course, a huge thank you to the NZAPS-O exec! Thanks for making being part of the team so much fun. I'll definitely look back on this year very fondly!



Education Officer

I am very grateful to have served as your Education Officer for 2026. It has been a privilege and an honour to serve as your student voice and to get to represent you all. I would like to thank my amazing class reps and fellow execs, who are true unseen heroes and dedicated so much of their time to supporting me and making this my favourite year of pharmacy school.





It has been a joy to run and attend class rep and SSL meetings (shout-out to Paul) and also run events such as the Bog quiz during PO week, the careers seminar, and the first aid training session.

To next year's Education Officer, Liam I know you are going to do an amazing job, and I wish you the best of luck in all you aspire to achieve.

IPSF CONTACT PERSON

Katelin Chan

It's been an honour to represent NZAPS-O internationally as your IPSF Contact Person this year!

While my role came with its own challenges- navigating an international organisation, keeping up with opportunities across different time zones, and finding ways to bring IPSF opportunities back to our NZAPS-O students, it made the experiences and successes we achieved all the more rewarding.

From 4am policy presentations to meetings for IPSF initiatives, I've enjoyed building lasting connections with students from all over the world and exchanging ideas to improve pharmacy professional development opportunities for everyone.

I am incredibly grateful to my fellow execs and everyone who has taken the time to engage with the initiatives I've shared. I'm proud to see more NZAPS-O students getting involved in IPSF, and I'm excited to see where my successor, Danbi, takes this exciting role next!











Welfare Officer 2026

AMELIA HARRIS

Just like that, 2026 is nearly over! Being Welfare Officer has taught me SO much and I am very thankful to have had this opportunity.

What I have enjoyed most this year is meeting people from all years of pharmacy, running the Student Mentorship Programme, and volunteering at Teddy Bear Hospital. I have loved creating opportunities for people to get involved in what pharmacy has to offer.



I would like to say a huge thank you to the exec, for making it a memorable year and for always supporting my welfare initiatives. Thank you Emma for your support and guidance, I know that I have big shoes to fill!



To the next Welfare Officer, Sophie Koh - good luck! You have lots of new ideas to bring into the role, and I know you will do amazing.



Fave Pharmacy Moments

- Being in the cast of Pharma Mia with my Mentee Eleanor <3
- Volunteering at Teddy Bear Hospital
- Sunrise swim with the girls
- Wine and Cheese... iykyk



STUDENT EXCHANGE OFFICER 2025/26

GOOD MORNING, GOOD AFTERNOON AND GOOD EVENING, EVERYONE 😁 !!!!!

I'M DANBI BAE, AND I'VE SPENT OCT 2025 – SEP 2026 AS YOUR STUDENT EXCHANGE OFFICER, AKA SEO THAT YOU MIGHT HAVE SOMETIMES SEEN ON NZAPS-O INSTAGRAM ACCOUNT POSTS.
BEFORE YOU READ MY JOURNAL IN MANDATE, YOU MIGHT WONDER LIKE "SO WHAT DID YOU DO AS SEO? WHAT EXACTLY IS IT FOR?" LET ME PAINT YOU A PICTURE OF WHAT THE ROLE ACTUALLY LOOKS LIKE, BECAUSE IT'S A BIT MORE THAN JUST A TITLE. ><

PICTURE THIS: IT'S 2AM, YOU'RE WIDE AWAKE BECAUSE THAT'S APPARENTLY WHEN THE REST OF THE WORLD WANTS TO HAVE MEETINGS. YOU REPLY TO AN EMAIL FROM EUROPE THE SECOND IT LANDS, BECAUSE THE EXCHANGE TIMELINE WAITS FOR NO ONE. YOU'RE THE UNOFFICIAL DUNEDIN TOUR GUIDE, ACCOMMODATION SORTER, AND TRANSPORT COORDINATOR FOR WHICHEVER INTERNATIONAL STUDENT JUST LANDED, MAKING SURE THEIR PLACEMENT IS SAFE AND ACTUALLY FUN, NOT JUST FUNCTIONAL.

SOMEWHERE IN THERE YOU'RE ALSO BUILDING A SLIDE DECK TO FLY THE NZ FLAG AT ANOTHER COUNTRY'S COLLABORATION EVENT, HOSTING YOUR OWN, AND FIGURING OUT HOW TO EXPLAIN "SWEET AS", "YE NAH", AND "NAH YE" TO SOMEONE HEARING IT FOR THE FIRST TIME. AND ON THE 5TH OF EVERY MONTH, NO MATTER WHAT ELSE IS GOING ON, THERE'S A REPORT DUE TO IPSF. ON TOP OF ALL THAT, YOU'RE STILL SHOWING UP AND PITCHING IN AT GENERAL NZAPS-O EVENTS LIKE EVERYONE ELSE ON EXEC. BASICALLY, IF YOU LIKE TIME ZONES, ADMIN, AND BEING EVERYONE'S UNOFFICIAL DUNEDIN TOUR GUIDE, THIS ONE'S FOR YOU IN 2028 (YES, 2028 BECAUSE YOUR 2026-27 SEO HAS JUST BEEN ELECTED BY THE TIME I AM WRITING THIS DOC!!!!)

AND SOMEHOW, IN BETWEEN ALL OF THAT, THANKFULLY I STILL MANAGED (AND ENJOYED, FOR REAL) TO GET THINGS DONE! YAY. I FINALLY SET UP MY OWN SEP SUBCOMMITTEE, BECAUSE I SHOULD NOT HAVE TO RUN THIS WHOLE THING BY MYSELF. I GOT AN SEP EXPO PRESENTER AWARD AS WELL, WHICH WAS A GREAT REWARD FOR MY HARRRRRRD WORK (APPARENTLY) :D

I'M VERY PROUD OF WHAT THIS ROLE BECAME THIS YEAR, AND NONE OF IT WOULD HAVE HAPPENED WITHOUT THIS 2026 EXEC TEAM GENUINELY. YOU'VE ALL BEEN AN ABSOLUTE PLEASURE TO WORK ALONGSIDE, THANK YOU VERY MUCH.

LAST BUT NOT LEAST, DEAR MY SUCCESSOR YU-RAN UNNIE, TAKING THIS ON NEXT. I KNOW YOU'RE GOING TO DO AN AMAZING JOB WITH THIS, CAN'T WAIT TO SEE WHERE YOU TAKE IT. AND IF YOU EVER DOUBT YOURSELF ALONG THE WAY, JUST DON'T FORGET TO TRUST ME WHO BELIEVE IN YOU.

THANKS EVERYONE. DANBI BAE, SINGING OUT!

IPSF International Pharmaceutical Students' Federation

Student Exchange Programme

Social Officer

Harry Tran







It has been an absolute privilege to be your Social officer for 2026, getting to work alongside with my fellow Exec team in NZAPS-O to make this such an enjoyable year!

What a year we have had! Organising events this year has been so much fun, from Flat crawl, Wine & Cheese and most recently Ball. It is a reminder to us all that even though we can study hard there is no excuse to not have a little bit of fun along the way!

A big shoutout to my fellow exec team this year, I thank you for all the support you guys have offered me this year and the work behind the scenes to help with the organisation of these events.

To the future Social Officer Grace, have fun with it! Make the most out of every opportunity there is and run with your ideas, I know you will do an amazing job.



Sports Rep

I'm so grateful to have had the opportunity to be your Sports Representative for 2026! It's honestly been such a fun year filled with weekly sports, way too many group chats, and convincing people to come along to "just one more game".

Being involved with sports this year has honestly been one of the highlights of pharmacy. From our weekly netball, basketball and volleyball to Interfaculty Sports, it was awesome seeing people from different years come together, have a laugh and make memories outside of lectures and placements.

A massive thank you to everyone who came along to the sports events and made them so much fun. It's been such a cool experience being your Sports Rep this year and I am gonna miss this a lot.

To the next Sports Rep, good luck and have fun with it! 🏀🏐❤️

Raj







Marketing Representative Anna Dang

I am so grateful to be a part of NZAPS-O in 2026! Everyone has made 2026 an amazing year, and I am so proud of every one of you! Thank you to all my friends and family who made this year possible!!



It was a great year working with different sponsors and being able to bring discounts and merch to our pharmacy students! Getting to build those relationships and see how they benefit the pharmacy student community made all the emails and work so worth it.

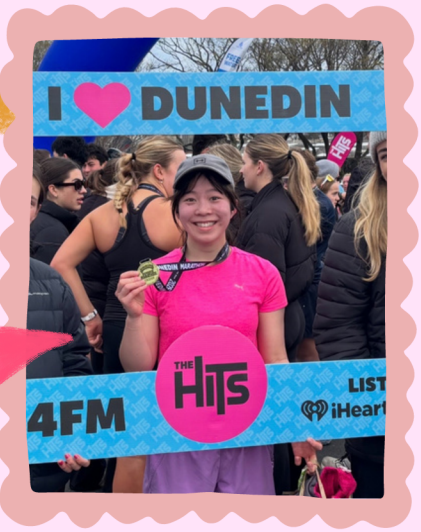
To the committee, thank you for helping me out whenever needed and making such wonderful events for our pharmacy students. This role wouldn't have been as memorable without a supportive team around me. And to Fahim, the future marketing representative, I wish you all the best of luck, and I am sure you are going to do an amazing job!







ADMISSIONS REP



LAUREN



It's been an awesome year being the admissions rep, representing the SOP and NZAPS-O. I got to share my experience, answer millions of questions and show that pharmacy is actually pretty cool! @lozzyslittlelife but IRL??

It's been so inspiring to see so many of our current pharmacy students getting involved in Open Day events and hall visits, sharing their passion for pharmacy with the next generation of tauira.

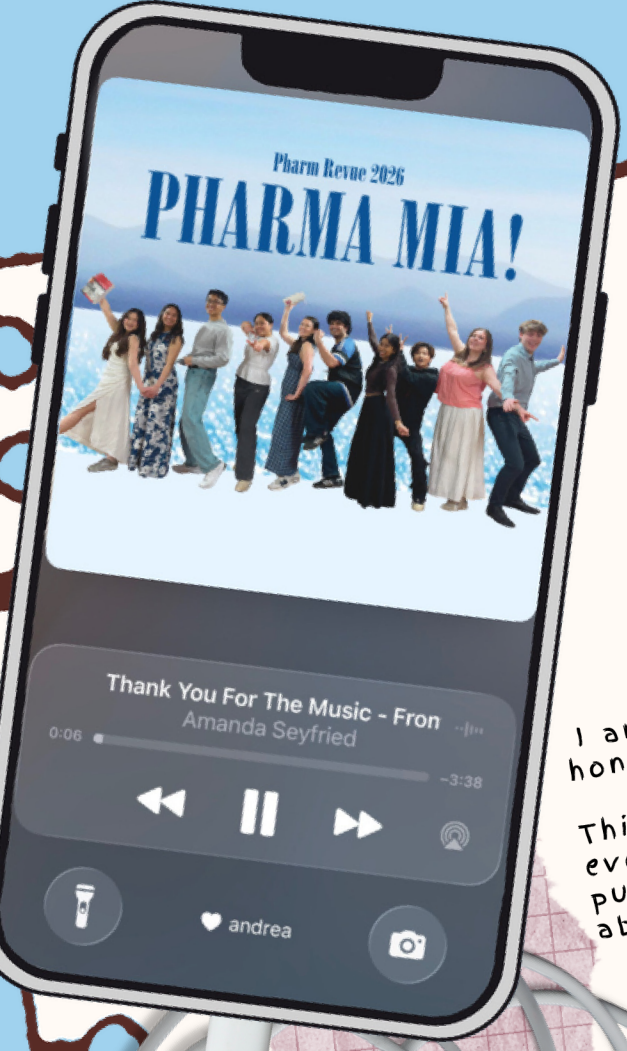
One of my favourite parts of the role was getting to meet and connect with so many students, while being able to promote a degree that I genuinely love.

I also had lots of fun making TikToks for NZAPS-O... #hopefullywegoviral!!

Apologies to Paul and Raj for the TikTok torture this year... at least you're all camera-trained now

To next year's Admissions Rep, bring your new ideas, try new things, and get involved wherever you can.. whatever gets students excited about pharmacy.

Have FUNNNN!!!



Revue Officer

ANDREA AUSTIN

I am so very grateful to have had the absolute honour of being your 2026 NZAPS-O Revue Officer!

This year has been one I genuinely don't think I'll ever forget. From the very first ideas, to somehow pulling it all together in the end; it has been an absolute journey.

Getting to bring Revue back after so many years; seeing students from different year levels come together, make new friends & have fun has honestly been the biggest highlight of it all.

To everyone who stepped on stage, wrote a skit, brought a prop, filmed, sang, or contributed in literally any way- THANK YOU. Every single contribution made this show what it was, and I genuinely could not have done it without you <3

I feel incredibly lucky to have been surrounded by such a talented, enthusiastic, chaotic, & wonderful bunch of people throughout this whole process.

Thank you for trusting me with Revue 2026, for putting up with my many messages, & for making this such a special experience.

Pharma Mia, you will forever have my heart.











Executive Kōmiti



Te Puna Kaitaka 10 Year Celebration



"He waka eke noa, kia eke panuku, kia eke Tangaroa"

We're in this waka together. Through all our efforts, we will succeed



Escape Room + Pizza



Hiwinui Heke Recipients





Te Puna Kaitaka

This year's exec featured all four of TPK's final year tauira - Pam Conway as tumuaki, Maria Reti as tumuaki tuarua, Breanna Ferris as kaitiaki putea, and Trelise Edwards as kaiwhakarite pāpāho pāpori, alongside third-year Tabitha Brown as kaituhi

Our 2026 goal was to support tauira Māori in pharmacy by encouraging whanaungatanga within our ropū

We celebrated our 10th birthday this year, with a bus trip where we shared kai together, before heading out for a cruise on the peninsula. Other highlights of our year included study wānanga with our PIPSA aiga, going head to head in escape rooms, hosting a quiz night with NZAPS-O for Te Wiki o Te Reo Māori, alongside LOTS of shared kai!

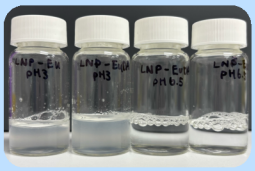
We cannot wait to see where the next 10 years takes TPK and wish our future tauira all the best!

By Pam Conway

HONOURS STUDENTS 2026

AMY SU

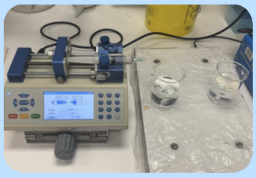
ADVANCED CROSSFLOW (AXF) TECHNOLOGY FOR NANO / MICRO PARTICLE FORMULATION FOR ENCAPSULATION OF SENSITIVE APIS



My Honours research focuses on the incorporation of lipid nanoparticles (LNPs) into pH-responsive Eudragit® S100 microparticles as a potential oral delivery system for mRNA therapeutics. These microparticles are designed to protect LNPs from the acidic environment of the stomach and release them at the higher pH of the intestine. This approach could help overcome some of the challenges associated with delivering mRNA therapeutics orally.



One of the highlights of my Honours year has been the pleasure of working with my supervisors, Greg and Pummy. I'm incredibly grateful for Greg's guidance and support outside the lab, and for Pummy always being there (literally) to help me through the lab. Their encouragement, patience, and support have made my Honours experience both enjoyable and memorable. Also, to the friends I made in the lab over the summer, thank you for making the days go by faster! 🙂



MARIA RETI

PHARMACIST PRECEPTING FOR CULTURAL SAFETY FOR MĀORI IN AOTEAROA NEW ZEALAND

This research examines how pharmacist preceptors at He Rau Kawakawa teach cultural safety and social determinants of health to students on their placement. It gathers preceptors' experiences, identifying practical challenges and successes in applying cultural safety when working alongside Māori. This gap matters because without adequate support, preceptors may struggle to teach and role-model cultural safety, and may need further resources themselves. The research aims to ensure students are equipped and supported to provide culturally safe care.

My highlights this year would be working alongside my supervisor and publishing my Systematic Literature Review in the Currents in Pharmacy Teaching and Learning Journal. "A Systematic Literature Review of Cultural Concepts Taught by Pharmacist Preceptors During Pharmacy Student Experiential Placements". Ngā mihi nui ki aku kaiārahi a Lisa rāua ko Jaime.

PAM CONWAY

INVESTIGATING MIDWIFE PERSPECTIVES ON INTRADERMAL PATCH DELIVERY OF VACCINES IN PREGNANCY

My Honours project investigated midwives' perspectives on the intradermal patch delivery of vaccines, which are a needle-free alternative to traditional vaccination. I got to travel across the motu (fully funded!) and undertake my interviews, which was a definite highlight. I absolutely loved hearing from midwives and how they feel this technology could improve antenatal vaccination, and I am excited to see where this goes in the future.

The highlight from my year was having the opportunity to travel to Rapa Nui! This experience changed me in a way words cannot explain, and I would HIGHLY recommend that everyone travel there!



RW VAN DER SCHYFF

STABILITY OF SPRAY FREEZE DRIED ANTIBIOTICS

KATE ROBERTSON

ANTISENSE THERAPEUTICS AGAINST THE PROGNOSTIC LNCRNA LNCGBM IN GLIOBLASTOM

ABBY GUTSCHLAG

EXPLORING COMMUNITY PHARMACIST INVOLVEMENT IN HEADACHE AND MIGRAINE MANAGEMENT IN NEW ZEALAND

DEVIKA GOUNDER

PACIFIC PEOPLE'S PERCEPTIONS OF ORAL VACCINES

ANNA DANG

SYNTHESIS AND EVALUATION OF TRIGGERABLE ANTIBODIES FOR TARGETING OF CAR T CELL THERAPY

ETHAN ZHANG

COMMUNITY PHARMACISTS' SELF-REPORTED PRACTICES AND ATTITUDES TOWARD MEDICATION ERROR PREVENTION AND REPORTING IN NZ

My Honours project explores how community pharmacists across Aotearoa New Zealand prevent, document, and respond to medication errors in everyday practice. Using a national survey, I examined reporting behaviours, near misses, safety technologies, and workplace pressures such as time, workload, and interruptions. The project highlights how medication safety depends not only on individual pharmacists, but also on the systems and environments they work within.



SOPHIE MCGILLICUDDY

MEDICINES AND PHARMACY IN THE PACIFIC

My Honours research explores how people across the Pacific access medicines and pharmacy services. I am also exploring how pharmacy has developed across Pacific Island countries and territories and the role of traditional medicines. My Cook Islands whakapapa and connections to Aitutaki have driven my passion for Pacific health and improving access to medicines and healthcare. I am grateful to be undertaking this research alongside Associate Professor Sue Heydon and Professor Pauline Norris.

A highlight of my year was being selected for a fully funded Cook Islands–China scholarship programme. I had the opportunity to travel to China to learn about seabed resource management and its potential for the Cook Islands. The experience allowed me to represent my Cook Islands heritage, learn about an important issue for our nation, experience a new culture, and make lifelong connections.









My tip for anyone wanting to undertake honours is to be passionate about your project!

TRELISE EDWARDS

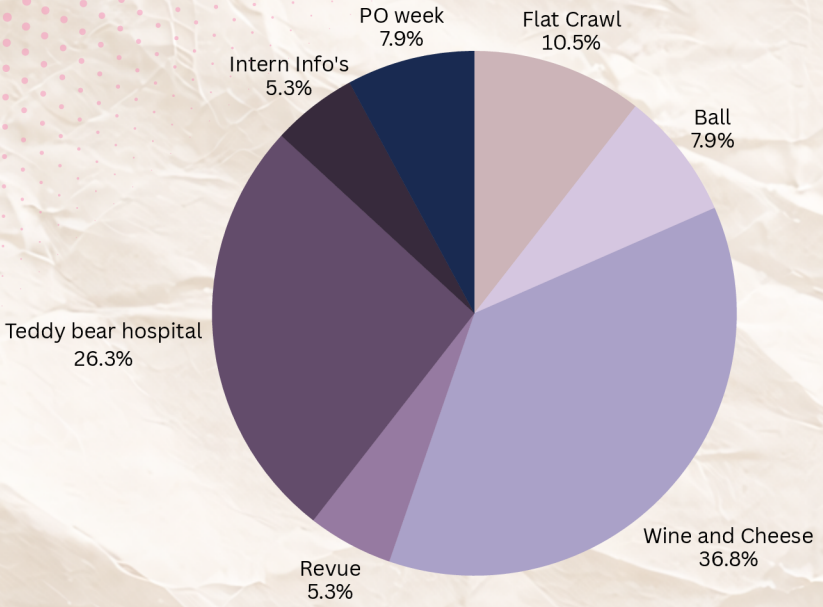
KNOWLEDGE OF VACCINATION RECOMMENDATIONS IN PREGNANCY

My research project is on Antenatal Vaccination: enablers and impacts on decision making. In Aotearoa, antenatal vaccination uptake remains low, particularly among Māori and Pasifika populations. My project aimed to explore what factors influence hapū māmā when making decisions about receiving the recommended antenatal vaccinations, specifically pertussis and influenza. My research explored a range of factors that can shape these decisions, including knowledge and awareness, perceived risks and benefits of the vaccines, the influence of healthcare professionals and whānau, information sources and sociocultural beliefs, as well as the health system and accessibility barriers.

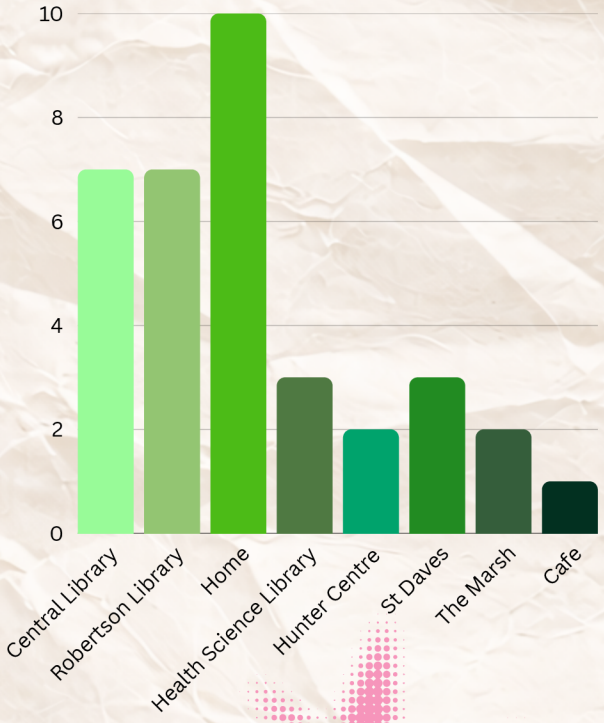
One highlight of my year was having the opportunity to present my research at the Te Kaupeka Oranga | Faculty of Health Research Symposium 2026 at the University of Canterbury. It was a rewarding experience to share my research alongside my supervisors and reflect on how this work could contribute to improving antenatal vaccination uptake in Aotearoa.



FAVOURITE PHARMACY EVENT OF THE YEAR?



FAVOURITE STUDY SPOT?

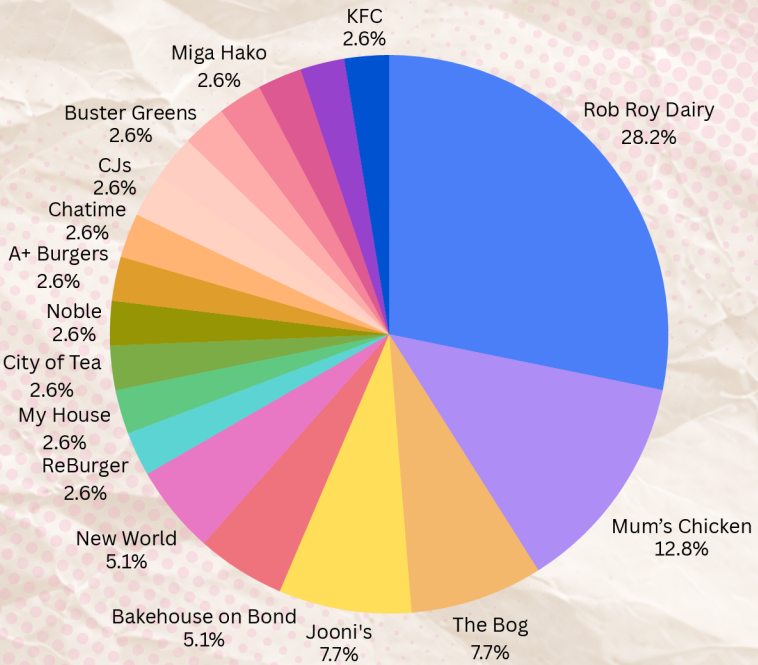


pharm moments

WHAT DO YOU ALWAYS KEEP IN YOUR DISPENSING JACKET? (OR POCKETS FOR P2S 😅😅)

- Pens
- Calculators
- Phone
- Name tag
- Keys
- Wallet
- Tissues
- Random paper
- Earphones
- Ziplock bag
- Gum
- Burger rings
- Lip gloss
- Defective labels
- Third part labels
- Nothing
- Rubber bands
- Dropped pills
- Anything I can get my hands on

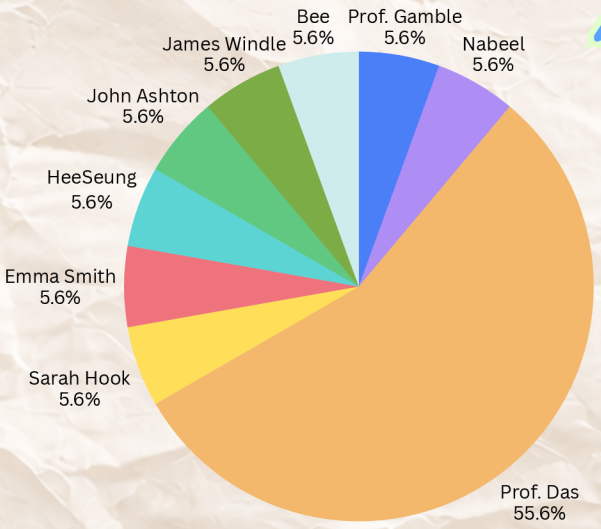
GO TO TREAT SPOT AFTER EXAMS?



WHAT WAS YOUR HIGHLIGHT THIS YEAR?

- Alexander Hamilton parody
- Passing out during my OSCE
- Pass/fail OSCE marks 🙌
- Skills Labs and getting to know my cohort and the teaching staff
- Pharm Revue
- Wine and cheese
- Building a snowman on snowday
- IPE placement
- My placement at Pharmac - Best experience ever!
- Compounding skills labs!!
- Trip to Wānaka and Queentown
- Getting to know my cohort!
- Getting married😁💍
- Passing PHCY211
- O-week
- When Nee thought Aaron was Ricky
- Getting to meet so many amazing people
- 2 second armbar
- Walking the Kepler track
- Getting a job.

MOST ICONIC LECTURER OF THE YEAR?



pharm moments

WHAT DID YOU FIND MOST CHALLENGING THIS YEAR?

Tbh i'm scared of graduating, i'll miss the student discounts, and mentally i'm still a child lol

220 Drug Classes (wasn't even assessed)

Oncology

PHCY211

Meeting people outside of my stream

Skin Conditions

Practical lab exam

8 Weeks of Placement

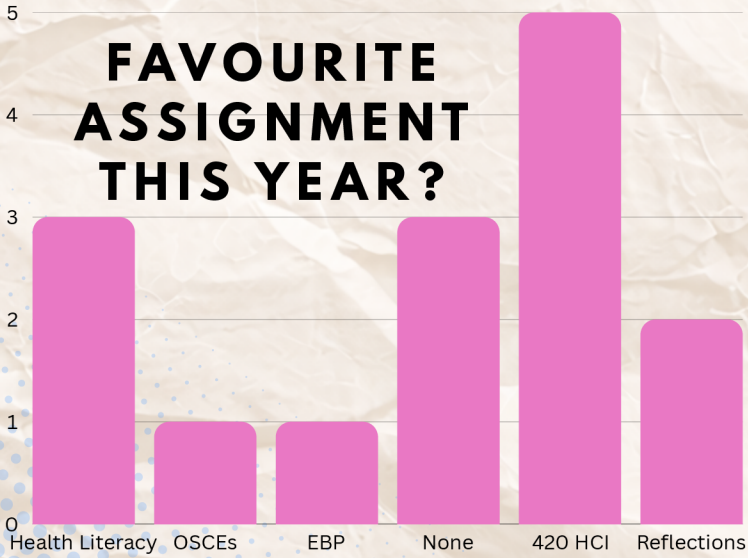
Being broke :/

Completing my 410 hours

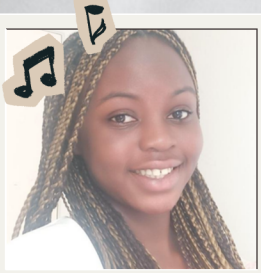
i love pharm

we love pharm too!!

FAVOURITE ASSIGNMENT THIS YEAR?



P2 PROFILES!!



Ama Akoto

If you were a drug, what drug would you be and why?
Fluoxetine : Brings a little serotonin situations.

What dosage form represents you best?
IV infusion



Hamad Aldebian

If you were a drug, what drug would you be and why?
Zopiclone

What dosage form represents you best?
Tablets



Hamza Baalousha

If you were a drug, what drug would you be and why?
Promethazine - Always sleepy

What dosage form represents you best?
Ointments



Reagan Boniface

If you were a drug, what drug would you be and why?
Diclofenac sodium = obsessed with endurance sport - designed to combat wear-and-tear of training, steep elevation gains and brutal multisport conditions

What dosage form represents you best?
Extended-release (ER) tablet = my love for endurance multisport racing, ultra-marathons and multi-day adventure racing, maintaining peak performance across hundreds of kilometres



Eleanor Burkett

If you were a drug, what drug would you be and why?
Propranolol, because I see myself as someone who delivers composure and kindness for other people just like the beta-blocker lowers stress, migraines and heart rate.

What dosage form represents you best?
I would see myself as an oral liquid solution because it represents my goals of delivering kindness and empathy smoothly, making difficult situations for others easier to digest.



Sarah Crew

If you were a drug, what drug would you be and why?
Empaglaflozin cuz it sounds cool

What dosage form represents you best?
Suppository



Erin Cleland

If you were a drug, what drug would you be and why?
Omeprazole - somehow keeping the chaos under control and getting things done

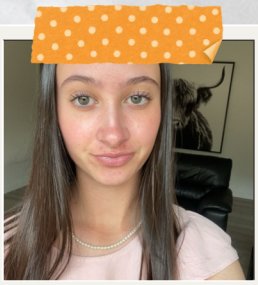
What dosage form represents you best?
Effervescent tablet



Rachel Croft

If you were a drug, what drug would you be and why?
Omeprazole - it's reliable and works quietly in the background to solve a problem

What dosage form represents you best?
Tablet - dependable and practical



Ella Curtis

If you were a drug, what drug would you be and why?
Paracetamol because i am dependable, helpful, and somehow involved whenever someone has a problem.

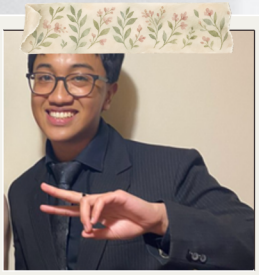
What dosage form represents you best?
Modified-release tablet, I take a little while to open up, but once I do, I'm here for the long haul.



Penny Fan

If you were a drug, what drug would you be and why?
Melatonin because sleeps the best medicine

What dosage form represents you best?
Lozenges



Fahim Firdaus

If you were a drug, what drug would you be and why?
Nitrous Oxide cause I'm always laughing

What dosage form represents you best?
Intravenous

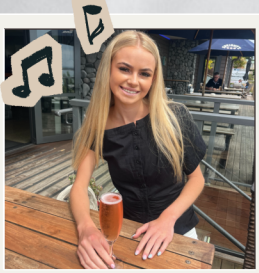


Angelina Gabriel

If you were a drug, what drug would you be and why?
Melatonin because life is better when you go to bed

What dosage form represents you best?
Extended release tablet

P2 PROFILES!!



Zara Glover

If you were a drug, what drug would you be and why?
Gentamicin because it is so interesting

What dosage form represents you best?
Intravenous



Lauren Graham

If you were a drug, what drug would you be and why?
Paracetamol as I'll always be there when you need me

What dosage form represents you best?
Capsule



Isabelle Hitchen

If you were a drug, what drug would you be and why?
Sertraline- takes time to show its full effect

What dosage form represents you best?
Transdermal patch- builds things gradually



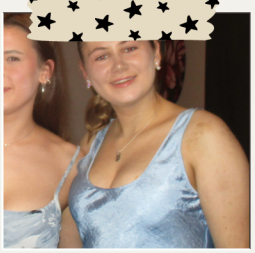
Shanelle Huang



Leigh Jones

If you were a drug, what drug would you be and why?
Melatonin because I want to sleep

What dosage form represents you best?
Delayed release tablet



Rebecca Kidd

If you were a drug, what drug would you be and why?
Salbutamol - I'm fast-acting and energetic

What dosage form represents you best?
Oral dosage form



Sol Kim



Sophie Koh

If you were a drug, what drug would you be and why?
Omeprazole

What dosage form represents you best?
Delayed release



Sawannah Larkins

If you were a drug, what drug would you be and why?
Hydrocortisone because it helps make things a little more comfortable.

What dosage form represents you best?
An emulsion



Wei En Lim



Julie Luong

If you were a drug, what drug would you be and why?
I'd be adrenaline cause I only unlock my full potential when there's a deadline

What dosage form represents you best?
Modified release tablet cause I'll get there eventually. Trust hehe

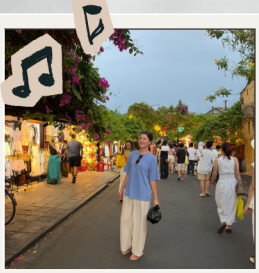


Sophia Mason

If you were a drug, what drug would you be and why?
Bupropion, because I get things done and feel good doing it. I'm dependable and maintain a steady presence in people's lives.

What dosage form represents you best?
Injectable solution (IV) as I'm able to put 100% into things and I'm fast to respond i.e I'll be there when you need me most.

P2 PROFILES!!



Kaitlyn McKenzie

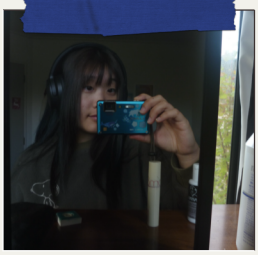
What dosage form represents you best?
Caplet



Hamad Merchent

If you were a drug, what drug would you be and why?
Placebo, I am the most impotent variable

What dosage form represents you best?
Solution especially in IV and injections



Hanah Park

If you were a drug, what drug would you be and why?
Ibuprofen I love ibuprofen is my favourite drug ever

What dosage form represents you best?
Tablets



Lorens Pascor

If you were a drug, what drug would you be and why?
Loperamide, because I know when to stop things from getting out of hand.

What dosage form represents you best?
Intravenous



Bhavik Patel

If you were a drug, what drug would you be and why?
A multivitamin supplement because I am not always a cure but I am needed in your lives to avoid deficiency and complications.
What dosage form represents you best?
Oral Capsule



Strawit Saisoesod

If you were a drug, what drug would you be and why?
THC

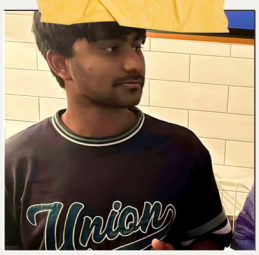
What dosage form represents you best?
Dried flower



Hana Samara

If you were a drug, what drug would you be and why?
Salbutamol

What dosage form represents you best?
Immediate release



Nikhil Satya

If you were a drug, what drug would you be and why?
I'd be ketamine — because once I'm in your head, reality is never quite the same again. 😮‍💨

What dosage form represents you best?
Enema



Kaden Scott

If you were a drug, what drug would you be and why?
Vyvanse, one google search and I'm on a 14 hour deep dive into the kingdom of aksum.

What dosage form represents you best?
Sublingual strips, 0 to 100 faster than you can say seven sublingual strips subtly slide, smoothly softening 3 times fast.



Stella Seok

If you were a drug, what drug would you be and why?
SSRI, just like the happy chemical! because i like to make sure the good vibes stick around!

What dosage form represents you best?
Oral liquid! Highly adaptable and take the shape of whatever container in!



Lagituaiva Sinclair

If you were a drug, what drug would you be and why?
I'd be paracetamol. I may not solve all your problems, but I'll definitely make them hurt a little less👀😌

What dosage form represents you best?
Probably a tablet😉

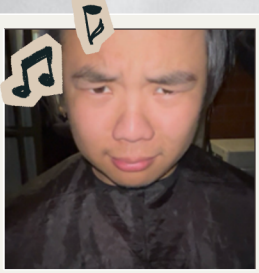


Syafiqah Dayana Syukor

If you were a drug, what drug would you be and why?
Propranolol, because I'm naturally too chill to care about deadlines until there's just a few hours left - might need adrenaline at this rate! :)

What dosage form represents you best?
Immediate release tablet ^_^

P2 PROFILES!!



Thomas Tai

If you were a drug, what drug would you be and why?
Oxycodone cos I'm so oxyco-done

What dosage form represents you best?
Sc cos I'll get under your skin



Tony Tay

If you were a drug, what drug would you be and why?
Hydrocortisone, always trying to decrease the bumps in life

What dosage form represents you best?
Suspension



Issy Taylor

If you were a drug, what drug would you be and why?
Amoxicillin because I'm useful in lots of different situations :))

What dosage form represents you best?
Capsule



Megan Teo

If you were a drug, what drug would you be and why?
Xanax, because my bf's name is Xan and he's my favourite anxiolytic

What dosage form represents you best?
Eye drops



Veroniqa Viernes

If you were a drug, what drug would you be and why?
Aspirin because its a heart and pink

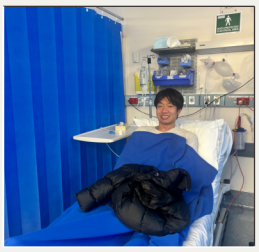
What dosage form represents you best?
Spray



Flynn Wilson

If you were a drug, what drug would you be and why?
Bismuth Trioxide, because it's kinda cool

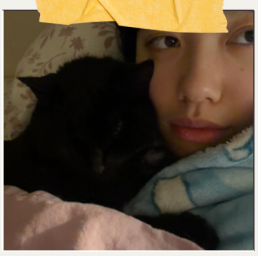
What dosage form represents you best?
Transdermal patch



Isaac Xie

If you were a drug, what drug would you be and why?
Propranolol since funny name

What dosage form represents you best?
Capsules



Yingying Zhu

If you were a drug, what drug would you be and why?
Melatonin because I'd avoid every problem by going to bed.

What dosage form represents you best?
Transdermal patch.

LATE SUBMISSIONS :(



Min Jun Choi

If you were a drug, what drug would you be and why?
Placebo drug. I think I'm working fine.

What dosage form represents you best?
Powder



Jasmin Horsley

What dosage form represents you best?
Elixir (just cause it sounds cool)



Gillian Le Gia

If you were a drug, what drug would you be and why?
Placebo - working hard or hardly working

What dosage form represents you best?
Chewable tablets - short n sweet

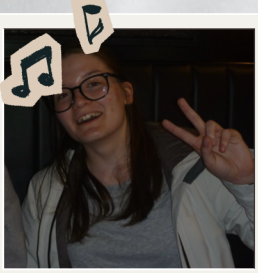


Roy Tamse

If you were a drug, what drug would you be and why?
Melatonin because I sleep alot

What dosage form represents you best?
Extended release

P2 PROFILES!!



Rosara Ward

If you were a drug, what drug would you be and why?
Flucloxacillin because it sounds cool

What dosage form represents you best?
Chewable tablet

2026 P2 Groups

As of 24/07/2026

Group A	Group B	Group C	Group D
Alblushi, Abdulrazaq	Akoto, Ama	Alqallaf, Estabraq	Alazmi, Hamid
Alenezi, Mohammad	Aldhebian, Hamad	Blake, Toby	Alcantara, Abby
Bashel, Deep	Alhouti, Nour	Boniface, Reagan	Bailey, Lexi
Bhartu, Aryan	Alqahtani, Awrad	Burkett, Eleanor	Choi, Yeonseo
Brooks, Layla	Alsubaiei, Hamad	Chew, Sarah	Cleland, Erin
Byrne, Sophie	Baalousha, Hamza	Choi, Min Jun	Curtis, Ella
Choi, Esther	Capstick, Rosa	Gabriel, Angelina	Fan, Penny
Dàm, Cathy	Chen, Amanda	Gao, Jessica	Gay, Maddison
Dean, Oliver	Choi, Sunghye	Glover, Zara	Gilbert, Isabella
Dimagnaong, Kate Lyza	Cockcroft, Bella	Godfrey, Kayla	Graham, Lauren
Gee, Katelyn	Croft, Rachel	Hitchen, Isabelle	Haneef, Shaariq
Gweja, Paul	Dang, Toan	Huang, Shanelle	Hew, Ben
Harrison, Caitlin	Foster, Will	Hwang, Isaac	Hii, Enoch
Hasan, Amina	Hendry, Hannah	Jones, Leigh	Jung, Ye-Young
Hopkins, Tayla	Horsley, Jasmin	Joung, Soomin	Kahu, Maia
Judd, Ivanca	Kidd, Rebecca	Kim, Jiho	KC, Neeharika
Jung, Dayna	Kim, Zoe	Kocher, Kevin	Ladley, Tom
Kim, Grace	Kim, Sol	Koh, Sophie	Le Gia, Gillian
Luong, Julie	Langford, Ruby	Kwon, Simon	Liu, Nick
McCallum, Zoe	Larkins, Savannah	Lee, Jong	Mohammad Firdaus, Fahim
Moyo, Mahlewonke	Lee, Ai San	Lee, Seo-Hyun	O'Reilly, Charlotte
Muhanna, Zahraa	Luna, Mina	Lim, Wei En	Orr, Kimberly
Mulaga Malaesilia, Hemara	McKenzie, Kaitlyn	Mason, Sophia	Park, Hanah
Nguyen, Linh	Mei, Nicole	Mousawi, Ali	Pascor, Lorens
Omidwar, Fatima	Merchant, Hamad	Ooi, Xi Yao	Qian, Zongmin
Pawar, Shreevali	Moggie, Matthew	Rothwell, Charlotte	Scott, Kaden
Popper, Yanick	Omsiva, Immanuel	Saiseesod, Siravit	Seok, Kyungjin
Satya, Nikhil	Patel, Bhavik	Samera, Hana	Sime, Joseph
Schonwald, Beatrice	Patel, Khushi	Seol, Yujin	Stevens, Eddie
Sinclair, Lagituaiva	Siwakoti, Subina	Sharma, Atharav	Taylor, Ngātiki
Singh, Krish	Smith, Kayla	Syukor, Syafiqah Dayana	Teo, Megan
Song, Hailee	Sundeep Shet, Richa	Tai, Thomas	Viernes, Veroniqa Lynn
Tay, Tony	Tim, Senith	Tamse, Roy	Wang, Ricky
Taylor, Issy	Trent, Erin	Wang, Winnie	Wee, Aaron
Tuiono, Akaina	Watson, Kiera	Xie, Isaac	Wilson, Flynn
Ward, Rosara	Winchester, Kiana	Zhu, Ying	Zhou, Tracy
Watt, Amelia	Wong, Athena		
Wu, Alex	Zhu, Yangyi		
Zhang, Catherine			
Total:	39	38	36	36	149

2025 Academic Awards

P2 AWARDS

Best in Paper PHCY210	Madaline Symes
NZCRS - Prize in Pharmaceutics (Highest score in PHCY211)	Keegan Hyde-Coltman
The Pharmacy Guild of New Zealand (Inc) Year 2 Prize (Highest score in PHCY220)	Louisa Stuart
Toniq Prize (Top P2 Student)	Louisa Stuart

P3 AWARDS

Best in paper PHCY310	Declan Murphy
Best in paper PHCY320	Devika Gounder
Top Score on PHCY320 Written Final OSCE	Jaxon Reid
Top Score Overall in PHCY320 Final OSCE	Georgia Barnett
Douglas Pharmaceuticals Integrated Modules Prize (Top in the Integrated Modules)	Declan Murphy
The Pharmaceutical Society of New Zealand Prize (300 Level) (Top P3 Student)	Declan Murphy

PO WEEK!

PO Week, formerly known as P2 Camp was as always, a great introduction to the life of a pharmacy student. The executive was eager to see if the P2s could rise to the challenges we set, and oh boy, did they! We started off our first of two days, with a taskmatser activity in Smithell's Gym. Against each other, we battled sports, strategy and determination. Our P2s were really showing us what they are made of.





Later that evening, we saw just how strategic these P2s could really be. Pausing Castle Street plans for an hour or two, we had a great turnout to our quiz night at the Bog. On our second day we battled against drizzly Dunedin, undertaking our coveted Amazing Race. This challenge was tough, but our P2s proved they were tougher. With effortlessness and a great team spirit, Green team walked away winning the Amazing Race. Their fantastic performance set them up with a hefty score, putting them into the lead overall. Congrats Green Team! (pictured above).



P3 PROFILES



Danbi Bae
CAL: Side effects include chronic 'bro' usage, Owl City on loop, and oiia cat energy.
Kid drug name: Solax
If you didn't do pharm, what would you do?
Anything related to sky and space



Angelica Eri
CAL: May cause severe procrastination
Kid drug name: Ondansetron
If you didn't do pharm, what would you do?
Medlab Sci



Aidan Broome
CAL: /5 avoid certain foods and alcoholic drinks
Kid drug name: Finasteride
If you didn't do pharm, what would you do?
Mechanic



Emily Evans
CAL: Medicine may cause sleepiness
Kid drug name: Mebeverine
If you didn't do pharm, what would you do?
Volcanology!



Tabitha Brown
CAL: Must be taken with caffiene before breakfast
Kid drug name: Stelara (ustekinumab)



Lauren Excell
If you didn't do pharm, what would you do?
Own a sewing or pottery buisness



Sangbin Choi
CAL: May cause sleepiness or drowsiness
Kid drug name: Salbutamol
If you didn't do pharm, what would you do?
Profiler



Lucy Frieslaar
CAL: Shake the bottle
Kid drug name: Amitriptyline
If you didn't do pharm, what would you do?
Pak'nSave checkout girl



Rui Yee Chung
CAL: Do not use after .../.../...
Kid drug name: Menthol
If you didn't do pharm, what would you do?
Engineering



Fiona Green
CAL: Shake well and give 2 drinks before social event
Kid drug name: Flucloxacillin
If you didn't do pharm, what would you do?
A cheerleader



Lara Clough
CAL: Warning: Will talk about rugby
Kid drug name: Stelara
If you didn't do pharm, what would you do?
Rugby or paramedic



Amelia Harris
CAL: May start singing randomly with each dose.
Kid drug name: Girl - Cerazette Boy - Ezetimibe (Tim for short)
If you didn't do pharm, what would you do?
Biology Teacher



Kristine Corpuz
CAL: Take with coffee
Kid drug name: Sirolimus



Olivia Hislop
CAL: do NOT tempt with a night out
Kid drug name: sertraline for a girl & ezetimibe for a boy



Tafaoganiu Kuiniselani Elisara
CAL: This medication may cause sleepiness
Kid drug name: Quinolone
If you didn't do pharm, what would you do?
Dent



Jhermaine Chix Igaya
CAL: Caution: Not To Be Taken
Kid drug name: Loratadine
If you didn't do pharm, what would you do?
Medical Laboratory Science



Teoumate-O-Aumaro Jacob
CAL: "May take cat naps during lectures"
Kid drug name: Mirena
If you didn't do pharm, what would you do?
Veterinary Studies



Selena Lee
CAL: Take with food
Kid drug name: Salair
If you didn't do pharm, what would you do?
Pharmacology



Jasmin Ju
CAL: Do not wake before 8am
Kid drug name: Lyrica
If you didn't do pharm, what would you do?
A home protector



Man Ning Lee
CAL: Will laugh at the worst possible moment
Kid drug name: Celebrex
If you didn't do pharm, what would you do?
Jewellery designer



Yu-Ran Kang
CAL: Take with food
Kid drug name: RANitidine
If you didn't do pharm, what would you do?
Diplomatic Science



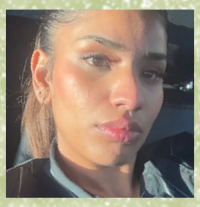
Paul Lee
CAL: Do not take for up to 3 hours after waking
Kid drug name: Haloperidol
If you didn't do pharm, what would you do?
Stay-at-home Dad



Julie Karpinian
CAL: /67: This medicine may cause extreme cringe. Use sparingly.
Kid drug name: Humira (adalimumab).
If you didn't do pharm, what would you do?
Philosophy



Andrew Lu
CAL: "with food."
Kid drug name: Melatonin
If you didn't do pharm, what would you do?
Cry?



Kiran Kaur
CAL: Take with food (because food is the best)
Kid drug name: Ritalin



Birui Lu
CAL: Take each dose with a large glass of water - stay hydrated.
Kid drug name: Yasmin
If you didn't do pharm, what would you do?
Open a cafe



Jieh Ee Kow
CAL: Lecture-only day = holiday
Kid drug name: Trulicity
If you didn't do pharm, what would you do?
Biomedical science



Anna Lynch
CAL: Don't leave unattended at a charcuterie board
Kid drug name: Loratadine
If you didn't do pharm, what would you do?
Professional Ice Cream Taster



Sophie & Hannah LaLa
CAL: Warning increased sensitivity to sunlight - will burn easily
Kid drug name: Ritz
If you didn't do pharm, what would you do?
Breadwinner



Sasha Mikhyeyeva
CAL: Keep in bed, do not move
Kid drug name: Clexane
If you didn't do pharm, what would you do?
Truck Driver



Jiyeon Lee

CAL: Give coffee as required

Kid drug name: Loratadine



Grace Momsen
CAL: Careful, doesn't stop yapping
Kid drug name: Addie / Adderall



Seo Hee Lee
CAL: Refrigerate, do not freeze.
Kid drug name: Thymol.
If you didn't do pharm, what would you do?
I would be an author.



Ace Moraes de Oliveira
CAL: Avoid use before 10am
Kid drug name: Codeine "Cody"
If you didn't do pharm, what would you do?
Neuroscience



Ella Morley-Hall
CAL: Take with food or she will complain
Kid drug name: Loratadine
If you didn't do pharm, what would you do?
Baker



Mollie Phillips
CAL: Take 3 hours before needed
Kid drug name: Candesartan
If you didn't do pharm, what would you do?
Flight attendant



Jess Mulgrew
CAL: Keep in fridge do not freeze
Kid drug name: Sertraline
If you didn't do pharm, what would you do?
Biochemistry



Kaveesha Piramanage
CAL: May cause severe intolerance to lectures and workshops
Kid drug name: Empagliflozin
If you didn't do pharm, what would you do?
Entrepreneur



Anusha Noble
CAL: Warning. Will roast you unprompted. Converse with Care.
Kid drug name: Methylphenidate Hydrochloride
If you didn't do pharm, what would you do?
Medical Imaging Technology



Kate Ramshaw
CAL: Don't bother after 9pm
Kid drug name: Sertraline(a)
If you didn't do pharm, what would you do?
Not be in uni or maybe nutrition



Lucy Norton
CAL: Give with Coffee
Kid drug name: Amitriptyline
If you didn't do pharm, what would you do?
Primary School Teacher



Camryn Raper
CAL: /8 - Protect yourself from too much sunlight.
Kid drug name: Zoladex (aka Zola)
If you didn't do pharm, what would you do?
Hopefully not adding to my student loan...



Marina Onuma
CAL: Send a repeat reminder, may not reply
Kid drug name: Jadelle
If you didn't do pharm, what would you do?
Flight Attendant



Lily Rees
CAL: Protect yourself from too much sunlight
Kid drug name: Yasmin
If you didn't do pharm, what would you do?
Teaching!



Taehun Park
CAL: Keep in fridge - do not freeze
Kid drug name: Naloxone
If you didn't do pharm, what would you do?
Writer / Rapper



Eliza Joyce Ringor
CAL: Take each dose with a glass of water
Kid drug name: Silvasta and Cerazette
If you didn't do pharm, what would you do?
Radiation Therapy



Heli Patel
CAL: Do not take with alcohol
Kid drug name: Loratadine
If you didn't do pharm, what would you do?
Crash out over being unemployed



Thomas Senior Garcia
CAL: Allow for direct sunlight before taking
Kid drug name: MELatonin
If you didn't do pharm, what would you do?
Open a Climbing Gym



Copter Patikansakul
CAL: Do not drink alcohol while being treated with this medicine.
Kid drug name: Dexamethasone
If you didn't do pharm, what would you do?
Microbiology



Lucy Shen
CAL: Not to be woken too early in the morning- May wreak havoc
Kid drug name: Colecalciferol
If you didn't do pharm, what would you do?
Travel 😝



Jaime Pedersen
CAL: Take with a large glass of wine
Kid drug name: Penny → Penicillin
If you didn't do pharm, what would you do?
Bus Driver



Tasha Sidorov
CAL: Keep in freezer
Kid drug name: Venlafaxine
If you didn't do pharm, what would you do?
Any of the other health professions



Phing Srinutapong
CAL: May cause sleepiness, and impair concentration. Do not perform skilled tasks
Kid drug name: Amiloride
If you didn't do pharm, what would you do?
Med Lab Sci



Gabriel Whippy
CAL: Take with grapefruit juice
Kid drug name: Paracetamol
If you didn't do pharm, what would you do?
Hair Dresser



Louisa Stuart
CAL: Do not use after 10pm
Kid drug name: Sertraline
If you didn't do pharm, what would you do?
Pharmaceutical science



Mickey Ye
CAL: Avoid some medicines - ask pharmacist
Kid drug name: Melatonin
If you didn't do pharm, what would you do?
Gold Digger



Madaline Symes
CAL: Take each dose of maddog with a large glass of water
Kid drug name: Ivy profen
If you didn't do pharm, what would you do?
Pull Tits (working on my parents dairy farm)



Sarang Yoon
CAL: Take with a large glass of boba
Kid drug name: Breo
If you didn't do pharm, what would you do?
Sugar baby



Harry Tran
CAL: Take each dose with a can of monster
Kid drug name: Lyrica
If you didn't do pharm, what would you do?
CA Food Youtuber



Lauren Young
CAL: Avoid with alcohol. Will start cartwheeling
Kid drug name: Seretide
If you didn't do pharm, what would you do?
Slime Youtuber or Science teacher



Lily-Rose Turner
CAL: WARNING: WILL OVERSHARE
Kid drug name: girl - candasartan
boy - ondansetron
If you didn't do pharm, what would you do?
a whole lot more of nothing

P3
WALL OF SHAME

Aditya Abhishek
Muhammad Ahmad
Sean Ahn
Hussain Albloushi
Joshua Alexander
Aseel Alhashemi
Layan Alshatti
Bio Bio
Zara Borges Cunha
Maia Bouras
Niamh Brackley
Laura Calazans Pessoa
Himanshu Chand
Zoe Christie
Fergus Cloudesley-Enright
Angela Huynh
Keegan Hyde-Coltman
Alissa Ibe
Dipakkumar Jani
Kenya Jordaan

Helena Jung
Valentine Kayrouz
Gabriella Kenton-Smith
Asghar Khan
Dowon Kim
Liam Devery
Lillian Feng
India-Rose Fitzgerald
Fransuné Fourie
Alex Giles
Violet Grant
Isumi Gunawickrama
Elsa Guo
Jorja Higgs
Madi Holgate
Jude Kohlhase
Taneesha Kumar
Rowan Loveday
Peseti Maafu
Alex MacDonald

Trisha Maisuria
Megan McCauley
Mia Mills
Oliver Milne
Sandra Muteswa
Kimaya Naidoo
Shaily Nana
Tri Nguyen
Maggie Peterson
Simi Puni
Deepika Reddy
Eliza Ringor
Razan Salah
Charlotte Schweizer
Heidi Sextus
Nour Sharaf
Shaniya Shibu
Mishika Sikka
Caitlyn Singh
David Su
Danica Tactay
Tamaarangi Te Rei
Sebastian Tuisamoa
Aiden Van Der Nist
Alice Young

P4 PROFILES



Lucas Allen

I survived pharmacy school thanks to Staying calm during OSCEs

🚩 Seeing "as directed" on a new Rx



Andrea Austin

I survived pharmacy school thanks to reruns of superstore and my notes app <3

🚩 using my counting tray sideways...



Leo Avila

I survived pharmacy school thanks to Jessie-James Brizuela Gipa

🚩 Not doing the Lt



Georgia Barnett

I survived pharmacy school thanks to my group A girls <3 (+ ryan and finlay lol)

🚩 spelling mistakes when emailing a doctor



Emma Broadley

I survived pharmacy school thanks to Stimulants

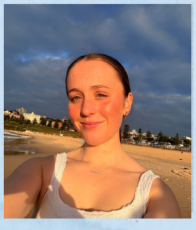
🚩 I watch all lectures on 2x



Finlay Brown

I survived pharmacy school thanks to pinot gris, buster greens tan slice, and "meowwww"

🚩 think a 1 hour library sesh is long enough



Ruby Budge

I survived pharmacy school thanks to The people who believed in me when I doubted myself

🚩 There's too many to list



Kieran Cassidy

I survived pharmacy school thanks to Triple shot long blacks

🚩 People standing in doorways



Pam Conway

I survived pharmacy school thanks to Pineapple and watermelon V

🚩 People who don't wear deodorant



Sean Cowper

I survived pharmacy school thanks to last minute hand ins + late night caffeine

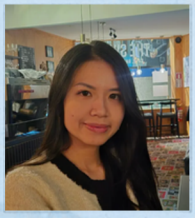
🚩 studying all the time



Isabella Cross

I survived pharmacy school thanks to my friends <3

🚩 When the prescriber writes "as directed" on the script and nothing else 🫠



Anna Dang

I survived pharmacy school thanks to Caffeine ☕ and my support system - thanks guys 🫶

🚩 No one's willing to teach you new things :((



Radhika Devi

I survived pharmacy school thanks to thanks to my family, caffeine, prayer and sheer determination 😂💊

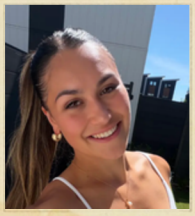
🚩 prescription with no DOB, no address and handwriting that needs forensic analysis 🤯



Ashley Dingcong

I survived pharmacy school thanks to Law and Order: SVU, Modern Family, my fam, friends and my man ♡

🚩 If you tell me to unpack orders ALL ALONE (11-12 big boxes btw).



Trelise Edwards

I survived pharmacy school thanks to Te Puna Kaitaka

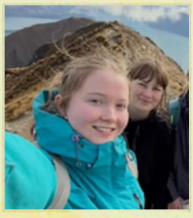
🚩 Going to Bobs bakery at least 4 times a week



Breanna Ferris

I survived pharmacy school thanks to meowwww and never sacrificing my social life

🚩 crying in skills ... unfortunately more than once



Emma Fotheringham

I survived pharmacy school thanks to Sachet coffees

🚩 Can't open child safe bottles



Ian Gao

I survived pharmacy school thanks NZF, caffeine and last-minute motivation

🚩 "The doctor said it would be ready."

P4 PROFILES



Jessie Gipa

I survived pharmacy school thanks to Leo Prasertsom Avila, Danny Ouk, and especially Jessame Gascon

🚩 I sometimes play roblox in workshops



Devika Gounder

I survived pharmacy school thanks to my friends

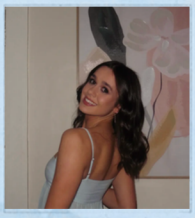
🚩 don't like counting pills



Sophie Gower

I survived pharmacy school thanks to Vyvanse

🚩 Accusing someone of stealing my pen, then having 5 in my pocket at the end of the day.



Abby Gutschlag

I survived pharmacy school thanks to Caffeine, a concerning lack of sleep, and an unhealthy attachment to second floor Central

🚩 Confidently mispronouncing drug names



Raj Hamlai

I survived pharmacy school thanks to other people's pens

🚩 never making my own anki



Hannah Hogan

I survived pharmacy school thanks to Spotify Premium

🚩 I take Ibuprofen on an empty stomach...



Grace Hong

I survived pharmacy school thanks to all of my peers, tutors, and chat gpt

🚩 Grapefruit juice



Jeffrey Hunter

I survived pharmacy school thanks 1) Having good friends who are always there to help take my mind off school. 2) Chatgpt

🚩 The P2s not getting their white coats - unluggy uce



Hengyi Jiang

I survived pharmacy school thanks to friends, tutors and myself

🚩 standing all the time



Jenny Kim

I survived pharmacy school thanks to Pharm fam <3

🚩 Having to double check everything on NZF



Victor Kim

I survived pharmacy school thanks to sleeping

🚩 I don't know



Bethany Kueh

I survived pharmacy school thanks to paracetamol

🚩 my alphamox measurements are always slightly off



Jueun Kwon

I survived pharmacy school thanks to Pharm famꉂ

🚩 ChatGPT



Xinyu Lai

I survived pharmacy school thanks to Bubble Tea and Music

🚩 Vision Changes



Jimin Lee

I survived pharmacy school thanks to my friends

🚩 When they blame instead of teach



Wen Yan Lee

I survived pharmacy school thanks to Myself for hanging on through these hard years!!! And also special thanks to my friends (keeping me accompany and alive) and AI (especially ChatGPT & Gemini). ;)

🚩 Spending four years studying pharmacology just to get a degree in guessing a doctor's handwriting.



Raelyn Lim

I survived pharmacy school thanks to friends that would go on dessert dates with me

🚩 unfriendly pharmacists



Ryan Mairs

I survived pharmacy school thanks to Sophie McGillicuddy and the CONSTANT desire to go to precinct for coffee (RIP my bank account)

🚩 Saying Im going to the gym but actually going to do flash cards at central library

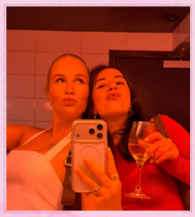
P4 PROFILES



Sophie McGillicuddy

I survived pharmacy school thanks to lots and lots and lots of coffee

🚩 I'm perfect



Amy Mikha

I survived pharmacy school thanks to meowwww

🚩 Overdosing patient on Panadol in OSCE



Kael Monoy

I survived pharmacy school thanks to propranolol

🚩 Pen stealer



Declan Murphy

I survived pharmacy school thanks to the nzf and hundreds of dollars worth of monster

🚩 literally anyone over 60 getting an nsaid



Batool Nakshbandi

I survived pharmacy school thanks to Strawberry up&go

🚩 Poor organisation



Zoe Ng

I survived pharmacy school thanks to Dark Whittakers chocolate + tea, and St Clair beach + Sorella Gelato

🚩 When the pharmacy has staff that doesn't trust students.



Heidi Nguyen

I survived pharmacy school thanks to Pharm fam 🤍🐠🐠🐠

🚩 Pharmacies not having robot/tablet counter



Nhi Nguyen

I survived pharmacy school thanks to Mango Loco, yapping, diclofenac, and Lts

🚩 I have no patience for creaming crying babies during vaccination



Bella Noble-Campbell

I survived pharmacy school thanks to Celsius, unfortunately

🚩 Not knowing what their "little white pill" is



Danny Ouk

I survived pharmacy school thanks to lots of Caffeine

🚩 Learning the law



Jasmine Paneda

I survived pharmacy school thanks to pork steak buns and my CASIO fx-82AU PLUS II calculator

🚩 stopping CAL 9 meds abruptly based on vibes



Jenny Park

I survived pharmacy school thanks to Pharm fam 🤍

🚩 Double checking with the pharmacist for everything



Urmeesha Patel

I survived pharmacy school thanks to Miga Hako riceballs!

🚩 Skips over the CD's while dispensing



M.K Sheron Perera

I survived pharmacy school thanks to my parents' support and my relentless drive.

🚩 Having to call doctors to correct prescriptions can be very time consuming.



Emma Prendergast

I survived pharmacy school thanks to My Friends, attending classes and Chloe

🚩 Yapping to Jess at the library



Shavonne Ramiah

I survived pharmacy school thanks to My frank green keep cup

🚩 Not knowing my seven times tables



Jaspreet Rattu

I survived pharmacy school thanks to All Mates

🚩 Red Flag itself!



Yekta Reddy

I survived pharmacy school thanks to Chloe Jamieson x

🚩 Week after Mid-sem break!

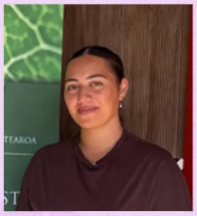
P4 PROFILES



Jaxon Reid

I survived pharmacy school thanks to My wife and her support while I worked

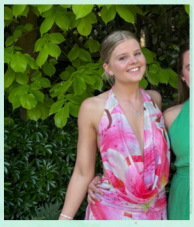
🚩 "Ugh my neck is so stiff and I've got this non-blanching rash..."



Maria Reti

I survived pharmacy school thanks to TPK

🚩 NO DEODORANT



Kate Robertson

I survived pharmacy school thanks to Celsius and Miga Hako

🚩 Stressing about finals in week 2



Hiroka Ryu

I survived pharmacy school thanks to Skills team

🚩 Leaving everything until the last minute



Jess Shepherd

I survived pharmacy school thanks to Daily coffee, and frequent road trips/escapes from Dunedin

🚩 Calling it a study session when going to the library and just yapping to Emma



Amy Su

I survived pharmacy school thanks to Coffee and NZF

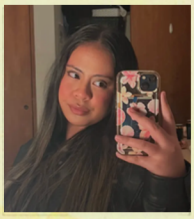
🚩 Can't hear you on the phone



Rahul Suri

I survived pharmacy school thanks to Chat 🦾

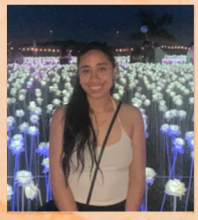
🚩 I skipped all psychiatry content



Athena Tiumalu

I survived pharmacy school thanks to hopes and dreams

🚩 No idea



Julie Toimoana

I survived pharmacy school thanks to GOD

🚩 Samoan men



Lochanna V Ganesan

I survived pharmacy school thanks to my pharmily

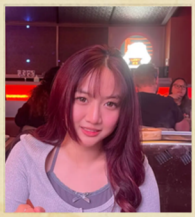
🚩 gaslighting myself that I remember the content lol



James Wang

I survived pharmacy school thanks to pie and V combo deal & 4 dollar lunch.

🚩 Not knowing the classes of antibiotics



Hope Wanchan

I survived pharmacy school thanks to caffeine and the phrase "surely they won't ask this."

🚩 3 years of pharmacy but still can't pronounce half the drug names



Jordan Wells

I survived pharmacy school thanks to An immense fear of failure

🚩 Don't know my 7 times tables



Katie Westphall

I survived pharmacy school thanks to Central Library lock ins with friends

🚩 Communicating on google translate (what if it translates wrong 🫠)



Nadea Yee

I survived pharmacy school thanks to My amazing family and friends!!

🚩 Using the medlog function on toniq and still getting the label wrong 😭



Diane Yoo

I survived pharmacy school thanks to My friends:)

🚩 Honestly, I can't think of one😂



Amy Yu

I survived pharmacy school thanks to nutella biscuits

🚩 No music

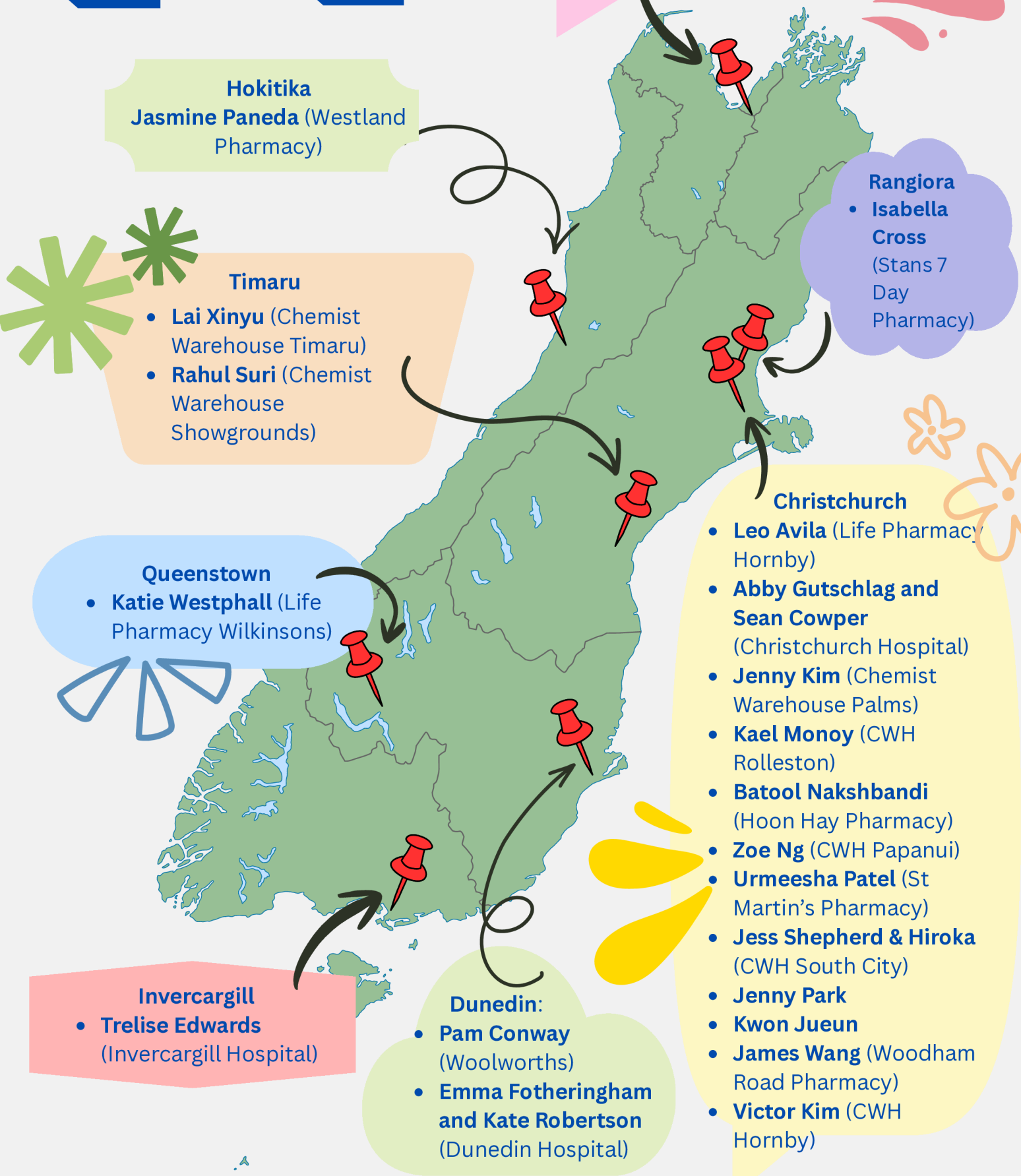


Sarah Zhang

I survived pharmacy school thanks to My ppl 🫶 + my forced, fake J personality hehe

🚩 doing care plans under time pressureeee

P4



Nelson
- **Ryan Mairs** (Wakefield Pharmacy)
- **Jaxon Reid** (Nelson Hospital)

Hokitika
Jasmine Paneda (Westland Pharmacy)

Rangiora
- **Isabella Cross** (Stans 7 Day Pharmacy)

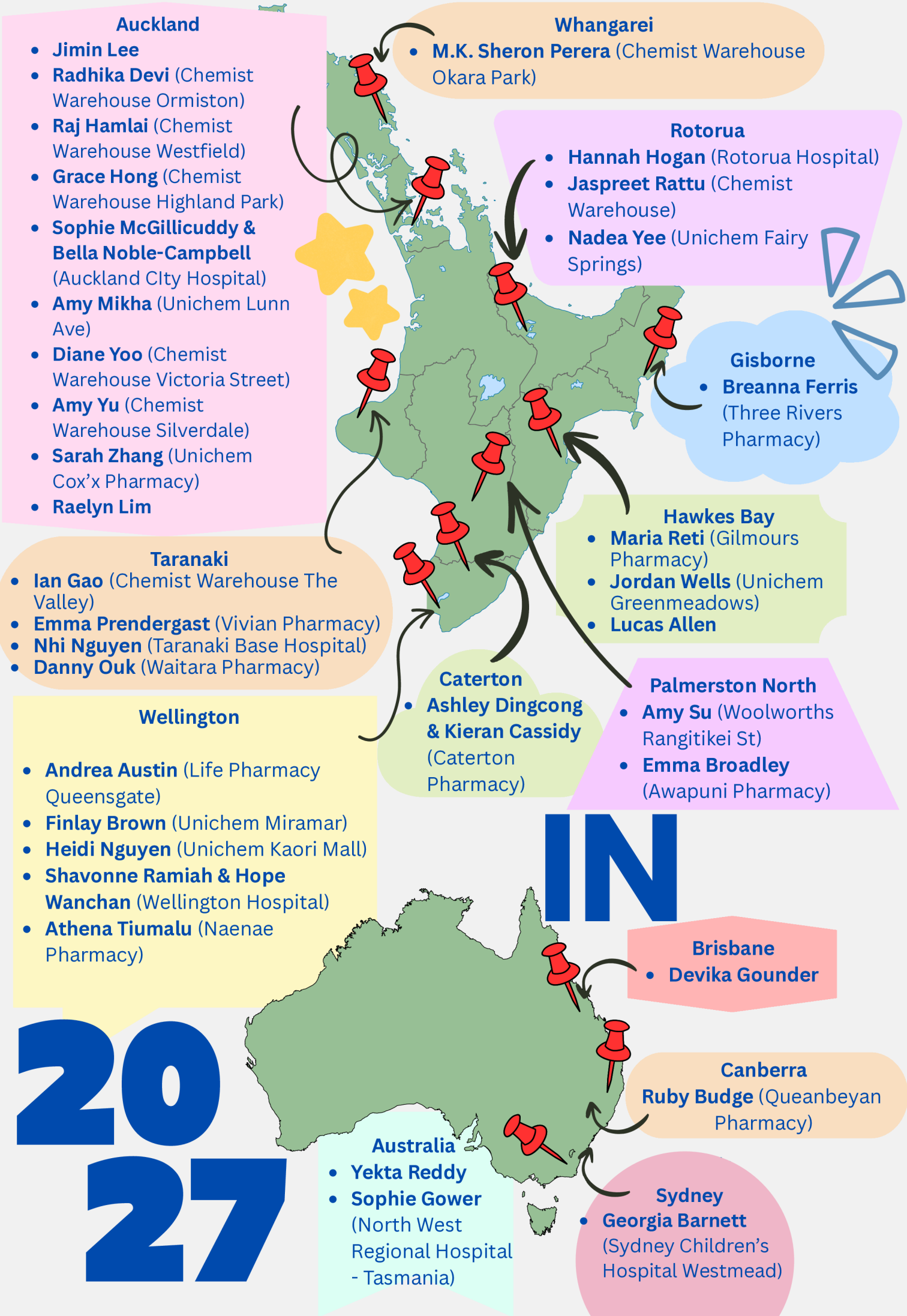
Timaru
- **Lai Xinyu** (Chemist Warehouse Timaru)
- **Rahul Suri** (Chemist Warehouse Showgrounds)

Queenstown
- **Katie Westphall** (Life Pharmacy Wilkinsons)

Christchurch
- **Leo Avila** (Life Pharmacy Hornby)
- **Abby Gutschlag and Sean Cowper** (Christchurch Hospital)
- **Jenny Kim** (Chemist Warehouse Palms)
- **Kael Monoy** (CWH Rolleston)
- **Batool Nakshbandi** (Hoon Hay Pharmacy)
- **Zoe Ng** (CWH Papanui)
- **Urmeesha Patel** (St Martin's Pharmacy)
- **Jess Shepherd & Hiroka** (CWH South City)
- **Jenny Park**
- **Kwon Jueun**
- **James Wang** (Woodham Road Pharmacy)
- **Victor Kim** (CWH Hornby)

Invercargill
- **Trelise Edwards** (Invercargill Hospital)

Dunedin:
- **Pam Conway** (Woolworths)
- **Emma Fotheringham and Kate Robertson** (Dunedin Hospital)


Auckland
Jimin Lee
Radhika Devi (Chemist Warehouse Ormiston)
Raj Hamlai (Chemist Warehouse Westfield)
Grace Hong (Chemist Warehouse Highland Park)
Sophie McGillicuddy & Bella Noble-Campbell (Auckland CIty Hospital)
Amy Mikha (Unichem Lunn Ave)
Diane Yoo (Chemist Warehouse Victoria Street)
Amy Yu (Chemist Warehouse Silverdale)
Sarah Zhang (Unichem Cox'x Pharmacy)
Raelyn Lim
Whangarei
M.K. Sheron Perera (Chemist Warehouse Okara Park)
Rotorua
Hannah Hogan (Rotorua Hospital)
Jaspreet Rattu (Chemist Warehouse)
Nadea Yee (Unichem Fairy Springs)
Gisborne
Breanna Ferris (Three Rivers Pharmacy)
Hawkes Bay
Maria Reti (Gilmours Pharmacy)
Jordan Wells (Unichem Greenmeadows)
Lucas Allen
Taranaki
Ian Gao (Chemist Warehouse The Valley)
Emma Prendergast (Vivian Pharmacy)
Nhi Nguyen (Taranaki Base Hospital)
Danny Ouk (Waitara Pharmacy)
Caterton
Ashley Dingcong & Kieran Cassidy (Caterton Pharmacy)
Palmerston North
Amy Su (Woolworths Rangitikei St)
Emma Broadley (Awapuni Pharmacy)
Wellington
Andrea Austin (Life Pharmacy Queensgate)
Finlay Brown (Unichem Miramar)
Heidi Nguyen (Unichem Kaori Mall)
Shavonne Ramiah & Hope Wanchan (Wellington Hospital)
Athena Tiumalu (Naenae Pharmacy)
IN
Brisbane
Devika Gounder
2027
Canberra
Ruby Budge (Queanbeyan Pharmacy)
Australia
Yekta Reddy
Sophie Gower (North West Regional Hospital - Tasmania)
Sydney
Georgia Barnett (Sydney Children's Hospital Westmead)






This year's flat crawl theme was exploring the tropical vibe of "Under the sea".

It was such a fun event getting to socialise with the people within the pharmacy cohort.










Everyone showing up in their best dressed costumes was definitely the highlight of the event!!

Throughout the day there were variety drinking games, a sausage sizzle, and of course a prizing giving to end the day.






Congratulations to Thomas (P3) & Kaden (P2) for wining best dressed.
Also congratulations to the P3's taking the winner for the scrumpy race.

















Wine and Cheese

REVUE













Until next year,

xoxo

Pharm Revue























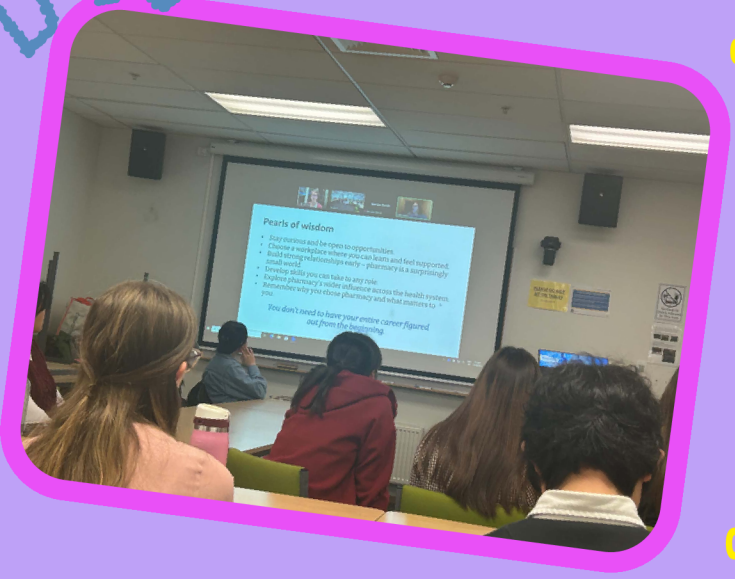


WITH LOVE



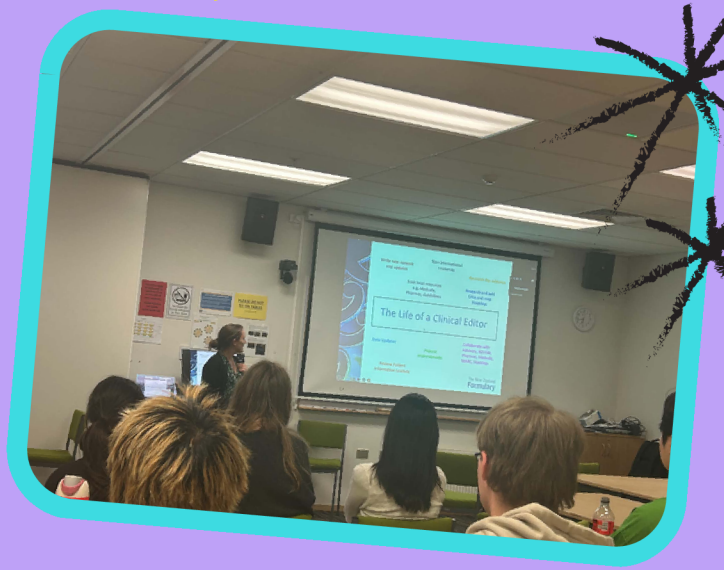
CAREERS SEMINAR





On Tuesday, the 15th of September, we had our annual Careers Seminar in the Hunter Centre. The event was all about inspiring students and showing a glimpse into the very different career pathways you can get with BPharm. We had four amazing speakers join us: Annie, a hospital pharmacist and allied health educator; Lee, a community pharmacist and business owner; Cathy, a senior advisor at the Pharmacy Guild; and Arelne, a clinical editor at NZF. We would love to thank all of our incredible speakers for sharing their journeys with us.





SPORTS



sports 2026



Interfaculty sports



Netball



#pharmacy



Netamphetamines



Volleyball

OPEN EVENING

FROM INHALERS AND COMPOUNDING TO CHATTING WITH PHARMACISTS, IT WAS A PRETTY GOOD NIGHT.



OTAGO OPEN DAY



INHALERS? YEP.
BLOOD PRESSURE CHECKS? YEP.
PAM'S TIKA OR TEKA? OBVIOUSLY.

ANOTHER DAY OF ANSWERING QUESTIONS, MEETING FUTURE PHARMACISTS AND DOING OUR VERY BEST TO CONVINCE EVERYONE THAT PHARMACY IS, IN FACT, THE BEST DEGREE!!

HALL VISITS



THREE HALLS BECAME SEVEN THIS YEAR! FROM TE RANGIHIROA TO AQUINAS, WE SPENT OUR EVENINGS MEETING HEAPS OF INTERESTED STUDENTS AND CHATTING ALL THINGS PHARMACY.

IT WAS GENUINELY SO INSPIRING TO SEE HOW MANY STUDENTS WERE CURIOUS ABOUT THE PROFESSION AND EXCITED TO LEARN MORE. SOME OF THEM EVEN CAME BACK FOR OPEN EVENING!

HSFY INFO EVENING



FUTURE PHARMACISTS EVERYWHERE 👀 LOTS OF QUESTIONS, LOTS OF CHATS, AND PLENTY OF SHAMELESS PLUGGING OF THE PHARMACY OPEN EVENING.

HUGE THANKS TO ALL OUR VOLUNTEERS ACROSS ALL THESE EVENTS! NONE OF THIS WOULD HAVE HAPPENED WITHOUT YOU GUYS. KEEP IT UP, AND WE'LL SEE YOU ALL NEXT YEAR!

Teddy Bear Hospital 🧸

TBH is a collaboration between pharmacy, medicine, dentisty, nursing, med lab sci and physio students. Together, we help young children to be less scared when they need to visit health professionals in the future. 💊🩺

Semester One - Otago Museum







Semester Two - Carisbrook School







Thank you to all our TBH volunteers!

Student Mentorship Awards



Tafaoganiu Elisara

"She has been the most wonderful mentor helping me whenever I needed. We also meet once a week since the beginning of the mentor mentee program, so I get the most support from her being my mentor. She supported me for all my exams, tests and assignments but also give advice on how to study, stay focused and answering all my questions."



Fiona Green

"Fiona has been incredibly kind, supportive, and approachable throughout my first year of P2. She has helped me navigate the challenges of the degree by sharing realistic advice and practical tips from her own experiences, which made settling into Pharmacy feel much less overwhelming. I have always felt comfortable reaching out to her, knowing that she would listen without judgement."



Alex MacDonald

"Alex has given me awesome advice while we've caught up over coffee.
Giving me advice on how to apply for pharmacy positions and ways to deal with the hustle that is P2."

Thank you to everyone who was part of the 2026 Student Mentorship Programme :)


Pharmball
@ Forsyth barr















71st IPSF World Congress at Bangkok, Thailand
Seven days of pharmacy, policy and culture with students from all over the world!

5 students from NZAPS-O attended this year, and they learnt Symposia on AI in pharmacy, novel therapeutics and the SDGs, led Representing New Zealand at the General Assembly and the UHC Youth Summit, explored Hospital, industrial and community pharmacy sites in Thailand and celebrated Flag Parade, Thai Royal Night, a Chao Phraya River cruise and Gala Night.

Some highlights!!!!

Yu-Ran - 1st Place, UHC Youth Summit Health Policy Design Hackathon
Danbi - SEP EXPO Presenter Award
Copter - Final Round, Patient Counselling Event
Sarang & Alissa - Compounding Event competitors

NZAPS-O AT IPSF 2026!!

Looking for international experience? Join NZAPS-O as a delegate for APPS or World Congress and make memories you'll never forget.

These are happening in 2027 again!

72nd IPSF World Congress in Taiwan,
26th APPS in Japan.

Inquiry: cp.nzaps.o@gmail.com
(Danbi, IPSF Contact Person of NZAPS-O)

About APPS (Asia Pacific Pharmaceutical Symposium), APPS is an annual 7-day flagship event that gathers Asia-Pacific pharmacy students to participate in academic workshops, leadership development programmes, competitions and cultural exchange activities.

This year, Katelin Chan and Danbi Bae joined 25th APPS General Assembly online as NZAPS-O's Official Delegates, speaking up at the General Assembly and casting New Zealand's votes.

Photos next page ->















71st IPSF World Congress!

Tairāwhiti IPE

Emma Fotheringham



Weeks 1 & 2

Highlights

Noho Marae at Pākōwhai Marae

Wheelchair basketball

Practical, hands on experience at a busy pharmacy!

Weeks 3 & 4

Highlights

Sunrise 4WD up Mount Hikurnagi

Exploring up State Highway 35- Got as far as Ruatoria!

Riding horses at our farm visit



Week 5

Highlights

Presenting our research to our community stakeholders

Māori games

Matariki lunch





Give IPE a go!



2026 Executive!



2027 Executive!

Name a better event than AGM! Just kidding... After the hard slog of meticulously updating the constitution and votes being counted up by secret ballot, we had somewhat of a 2027 executive. All was falling into place except one role... our Student Exchange Officer (SEO)! We had 3 brave pharmacy students: Yuran, Niamh and Heli attend the AGM with a 2 minute speech up their sleeve, vying for the last spot on the 2027 Executive. It was a close call - Yuran is now our SEO! Congratulations to all the 2027 Executive. What an exciting year to look forward too!

Your new executive as pictured:
Back L-R; Gabby Kenton-Smith (Sports), Fahim Firdaus (Marketing), Veroniqa Viernes (Admissions), Sophie Koh (Welfare), Liam Devery (Education), Lily-Rose Turner (Revue)
Front L-R; Yuran Kang (SEO), Danbi Bae (IPSF-CP), Grace Momsen (Social), Amelia Harris (President), Louisa Stuart (Treasurer), Lauren Young (Secretary).

2026 Contribution Awards

Best Team Player: Anna

Most Improved Initiative: Lauren and Amelia

Best New Initiative: Andrea

AGM

PAUL'S DEFINITIVE RICEBALL RANKINGS*

#1 SNOW SUSHI BALL

TASTE: 4.5/5
FILLING: 5/5
SIZE: 5/5

#2 MIGA HAKO

TASTE: 4/5
FILLING: 3.5/5
SIZE: 3/5

#3 SUSHI (BY SALS)

TASTE: 5/5
FILLING: 3.5/5
SIZE: 3.5/5

#4 SUSHI MALL

TASTE: 3.5/5
FILLING: 3/5
SIZE: 5/5

#5 SUSHI EXPRESS (MERIDIAN MALL)

TASTE:3.5/5
FILLING: 3.5/5
SIZE: 3.5/5

#6 TOKYO EXPRESS (BY BOB)

TASTE: 2.5/5
FILLING: 2/5
SIZE: 2.5/5

*THE VIEWS EXPRESSED BY THE INDIVIDUAL ARE THEIR OWN AND DO NOT REPRESENT THE VIEWS OR OPINIONS OF NZAPSO

GUESS WHO??

ALL OF THESE ARE BABY PHOTOS OF STAFF.. CAN YOU GUESS WHO?













What kind of Pharmacy Student are you?

Follow the path. Trust your instincts. Find your fate.

HOW TO PLAY: START AT "START HERE". PICK THE OPTION THAT FEELS MOST LIKE YOU, THEN JUMP TO THAT NUMBER. KEEP GOING UNTIL YOU LAND ON A STARBURST RESULT! THE NUMBERS ARE SCRAMBLED ON PURPOSE, SO NO PEEKING.

START HERE

GO

It's 8:55am. Your lecture starts at 9. Where are you?

- Already in the lecture, front row → 14
- Running across campus (the 5 min rule applies to everything → 20
- Still in bed. It's recorded. → 21

8

Anki says 6700 cards are due, you....

- Do them all, AM and PM → 7
- Reset. Out of sight out of mind. → 10
- Add more for fun. → 11

10

11:47pm and GC: "exam on Wed or Thurs???" you...

- Post a screenshot of the timetable. → 15
- Mute it. → 22
- Reply with a 4 min voice note → 19

7

YOU ARE....

THE ANKI ADDICT

Has 4,828 cards due and somehow considers this manageable

Signature move: Reviewing cards EVERYWHERE.. lift, lecture, workshop

Overheard... "Just a few to review" (it was 400)

Pharmacists check twice.



You can only pick ONCE.

9

Lunch Break. Where do you go?

- Hunter Centre, second floor, your seat (THE seat) → 2
- Pharmacy, "just popping in to help" → 3
- Home. → 12

11

Three tabs open: NZF, Bpac and Pharmac schedule.

- Cross check the SA criteria for fun → 17
- Draw the mechanism. Four. different colours. Arrows galore. → 24
- Close everything. → 18

6

YOU ARE....

THE DISPENSARY DWELLER

Could find anything in the dispensary blindfolded. Has no idea where the lecture notes are.

Signature move: Labelling things that did not need labelling.

Overheard... Sorry, force of habit. Did you need that in a bag?

24

YOU ARE....

THE STATIONARY SPECIALIST

Notes so pretty they should be framed.

Signature move: An insane highlighter system.

Overheard... "Wait.. which pen was for β blockers?"

18

YOU ARE....

THE STRATEGIST

Has found, ranked and demolished every past paper.

Signature move: Predicting exam questions with eerie accuracy.

Overheard... "It's worth 4 marks, every single year, every year."

1

3pm slump. 5 lectures deep. Your eyelids have resigned.

- Third coffee. HR: unknown → 13
- 10 minute power nap between lectures in Barnett → 12
- Go home. No other option. → 2

4

The lecturer says "this won't be assessed."

- You believe them. No Doubt. → 5
- Straight to Anki. You never never know.... → 8
- You write it down with a star "just in case" → 2

12

Someone asks: "Have you started studying for finals yet?

- "Yeah, ages ago." → 5
- "No...." (honest, at least) → 13
- "Don't ask.." → 10

KEEP GOING!!! NO TAKE BACKS

17

YOU ARE....

THE ACADEMIC WEAPON

Actually reads and learns the objectives.

Signature move: Questions for the lecturer... ALWAYS

Overheard... "Sorry, quick clarification on the mechanism?"

22

YOU ARE....

THE LAST MINUTE LEGEND

Studies 48 hours before the exam and somehow pulls it off

Signature move: 36 hour cram that works somehow

Overheard... "I'll start tomorrow." (Said since March.)

13

It's 11pm. Your brain says: lol no. And gives up.

- Fourth coffee. Cry later. → 19
- Open the textbook. Open the fridge. Repeat → 13
- Sleep like a functioning adult. → 10

2

So how do we feel about learning objectives...

- Read them. Learn them. EEk → 17
- Read them out loud → 16
- Skim, nod and skip. → 5

3

A patient asks about a cough that wont go away.

- You have a flowchart for that. Dry vs productive. → 6
- Open NZF just to be sure. → 11
- Suggest a lozenge, then doubt everything → 13

15

YOU ARE....

THE GROUP CHAT ORACLE

Knows every deadline, room change and who's bringing the mid lecture snacks

Signature move: The pinned message nobody reads

Overheard... "It's pinned. Please read the pinned message."

READING AHEAD??

Bold move.

Go back to the START.

23

Groupchat: "Has anyone started the assignment?"

- Mute the chat. You didn't see it. → 12
- Reply "Yeah, ages ago" LIAR → 5
- Open the doc. Stare. Start. → 2

14

Do you have the slides open?

- Yes. Annotated and colour coded → 4
- Yes. Wrong week though. → 23
- No. You brought a notebook and four coloured pens → 9

20

You pass the cafe. There are 12 people in line.

- Join it. Coffee = NEED. → 1
- Skip it. → 23
- Order ahead on the app. → 4

5

It's exam week. What are you doing?

- Anki. ALWAYS Anki. → 7
- Past papers, timed, pens → 18
- Making pretty notes → 24
- Pretending you have time → 22

16

Study group. What's your role?

- Explains everything (and enjoys it) → 17
- Booked the room, made the schedule, never opened a book. → 15
- Counting pretend tablets in the corner → 6

21

The recording is 54 minutes long. You...

- Watch at 2x speed in bed → 1
- Add it to your to do list → 12
- Open the slides and stare → 9

19

YOU ARE....

THE CAFFEINE CLINICIAN

Powered almost entirely by coffee and spite

Signature move: Knows every cafes opening hours by heart.

Overheard... "It's not dependence, it's pharmacokinetics."

COUNSELLING TIP

Open question: "Which number did you land on?"

Closed question: "Did you cheat?"

BREAKING NEWS

The Pharm Daily Times

BREAKING NEWS



Dunedin

Friday, 25th September, 2026

GAMES

Written By Thomas

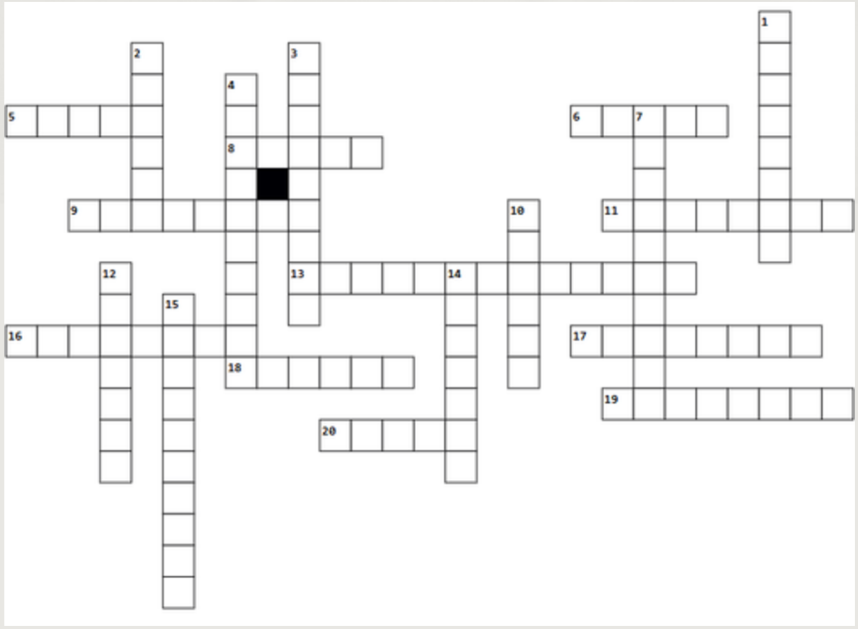
Wordsearch

C	O	R	T	I	Z	S	H	A	R	R	R	A	G	E	P
O	O	C	K	I	P	L	T	O	R	D	R	O	R	A	O	A
R	C	I	P	R	A	D	R	O	R	R	R	A	G	R	A	P
S	O	P	A	Z	N	Z	A	P	S	S	W	O	D	O	A	A
C	R	R	R	P	Z	R	I	C	K	S	T	I	D	R	R	S
T	T	O	A	H	A	R	O	L	L	E	O	P	A	T	I	H
C	E	F	C	A	P	O	S	T	E	R	O	H	S	S	T	A
P	R	L	E	R	S	D	P	L	E	A	R	A	E	H	A	K
R	E	O	B	M	O	P	B	T	A	B	E	R	L	A	L	A
O	V	X	C	A	A	A	S	A	P	E	T	M	K	K	I	K
D	I	A	T	R	T	O	A	B	A	M	A	R	C	I	K	R
R	E	C	T	A	C	O	L	L	U	C	B	E	A	L	A	A
O	W	I	R	I	R	I	P	E	L	R	L	V	H	L	H	H
O	O	N	T	E	R	N	R	R	F	L	E	U	S	A	S	S
P	O	R	L	X	A	A	S	I	K	E	S	E	A	C	I	N
T	O	B	A	B	P	A	R	A	C	E	T	A	M	O	L	L
C	A	E	G	U	L	L	I	B	L	E	R	O	I	D	T	S

Shakila
Corticosteroid
Ciprofloxacin
NZAPSO

Drop
Paracetamol
Tablet
PharmRevue

Crossword



ACROSS:

5. Winners of the 2026 FIFA World Cup
6. Simpsons or the guy who wrote "Odyssey"
8. Everybody knows a guy named this or a building
9. Codeine + CYP2D6 =
11. Page 2
13. Given at a 90 degree angle
16. He rau _____
17. Upcoming Avengers movie
18. A target site in the mouth
19. Throw metal balls as close to a target (jack) as possible
20. To do when spotting a red flag

DOWN:

1. "Look at all those _____"
2. Person or animal that chases wild animals for sport or food
3. Skin and soft tissue-> cellulitis-> penicillin allergy-> minor rash, without ulticaria or mucosal movement
4. The two brands of this are Amgevita and Humira
7. One of the two API of Micreme H
10. Infamous street in Dunedin
12. Governs which meds in NZ get funded
14. Element 80
15. Also known as a "water bear"

SUE SEARCH

Welcome back to THE SUE SEARCH!

Today we have 5 Sues hidden around the year book, and YOU, yes YOU! have to find them.

Sues to seek:

1. Sue Sylvester
2. Sue Heydon
3. Sue Bird
4. Sue Ellen Armstrong
5. Sue Storm

horoscopes



Please, please, please chill out. You made one tiny mistake and have immediately begun preparing your resignation from society. Nobody else noticed.

Your Drug of Choice:
Caffeine Pills



It's time to host that iconic mega potluck you keep talking about. Half your friends will bring hearty soup and bread, while the other half brings cheap wine and fancy cheese. Stories will be told of this night for years to come.

Your Drug of Choice:
Wine. Lots of it.



The distance between you and your love interest just got bigger, so it might be time for a reality check. Long distance rarely works out, so enjoy being single without the massive phone bill.

Your Drug of Choice:
Aspirin - for the broken heart



It's timeeee to pamper yourself! You deserve it. Time to strengthen the relationship with your toes, & treat yourself to a post-exam season trip to the nail salon.

Your Drug of Choice:
Prednisone 20mg - pink to match your new nails <3



This summer, learn how to go with the flow. Maybe do some paint-by-numbers? And stop being the mum of the friend group.

Your Drug of Choice:
A meticulously planned Google Calendar



You went wayyyy too hard at the 'chill drinks' last night and forgot you signed up for a Satuday morning spin class. At 7am. Ouch.

Your Drug of Choice:
Good 'ol Paracetamol



For once, things are actually working in your favour. You're charming, and people are noticing. Resist the urge to sabotage it because everything being suspiciously fine makes you nervous.

Your Drug of Choice:
Nailing a social situation



You've been rotting in your whare for way too long, and your friends are starting to think you've vanished into thin air. Go touch some grass.

Your Drug of Choice:
Vitamin D (much needed)



This exam season you are HOLY LOCKED IN.
You have watched every lecture on 2x speed and you are going to get the grades you dream of.

Your Drug of Choice:
Your favourite energy drink



The stars say it's not so bad, but the stars don't know about the increasingly elaborate web of lies you've constructed to avoid one mildly uncomfortable conversation. Send the text.

Your Drug of Choice:
A mimosa veryyy heavy on the prosecco



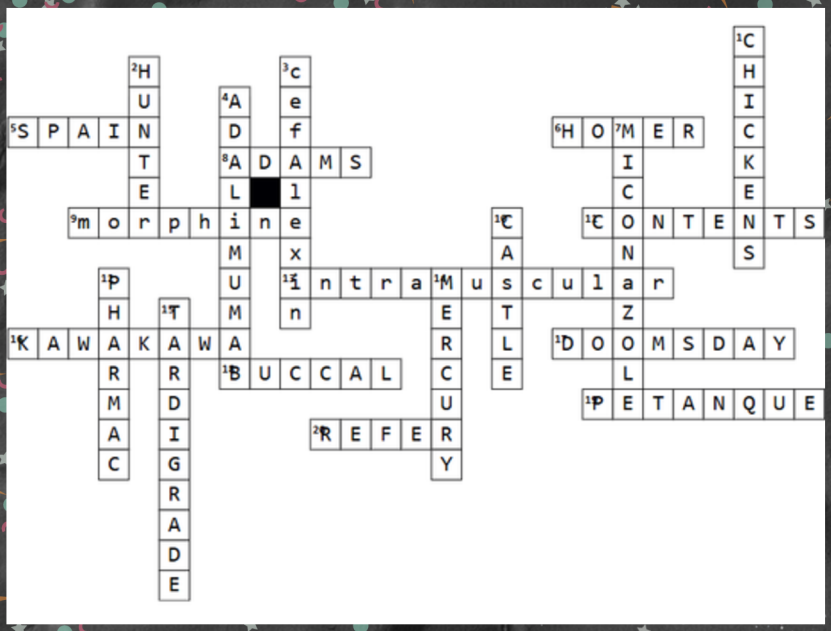
A day of immense importance approaches, youngling. You're about to turn another year older and somehow remain infinitely wiser than half the people in your life.

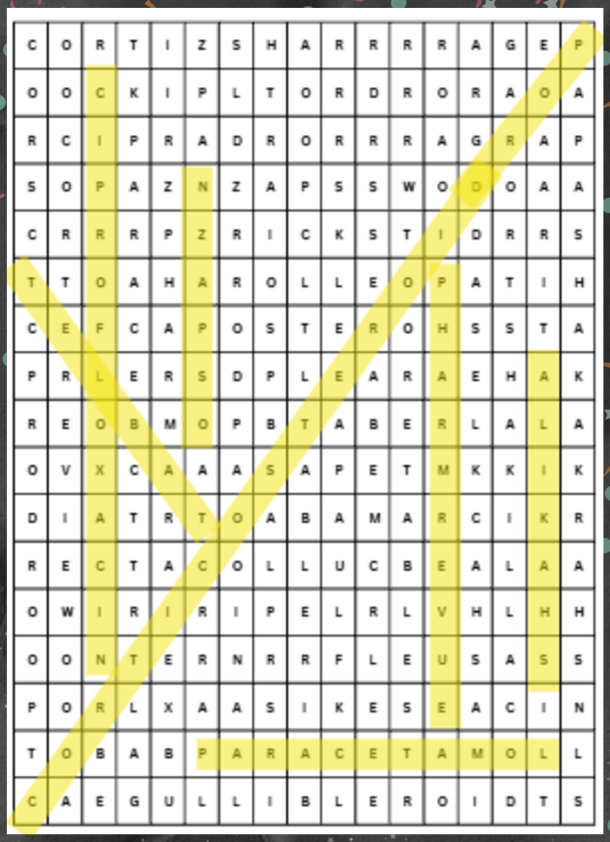
Your Drug of Choice:
Birthday cake



You could have it so much better if you stopped insisting that thing is "good enough". This applies to your flat, your love life, and whatever sad meal you've been eating three nights in a row. Raise the bar.

Your Drug of Choice:
Multivitamins





Where to scour for Sues:

1. Sue Sylvester (pg "Here we go again")
2. Sue Heydon (Second to last page of P2 Profiles)
3. Sue Bird (pg "Pharm Daily Times Games")
4. Sue Ellen Armstrong (pg "Wine and Cheese")
5. Sue Storm (unknown)*

*because she is the invisible woman hahaha sorry :)

GUESS THE STAFF

1. Hee Seung Lee
2. Amber Young
3. Alesha Smith
4. Bridget Mark
5. Jaime Tutbury
6. Emma Smith

ANSWERS

Here we go again



#PHARMAMIA

Sign here!!